

# How music changed C5's life completely

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By The Athenian Print

Published on June 21,  
2016

*Written by Jessica Flores, Editor-in-Chief*

It's either all or nothing for Christopher Pressley a.k.a. "C5." It all began when he got his first studio equipment and began recording music all day with his friends at his father's house which he used to call "pops' trap."

North Oakland, California is his hometown which inspired his stage name C5. C is for Christopher and 5 is short for the street he grew up in—59th street—which is often called "the 5" in the bay. "I started calling myself C5 and it just fit. Everyone started calling me 5 or C5—it's my block name," he said.

Now an Angeleno and recent college graduate, it wasn't until he received his acceptance letter from Cal State University Dominguez Hills that changed his life completely. Before moving out to L.A., he was "deep, deep in the streets," he said.

"I was selling crack, weed, etc. In 2011, I got arrested and did time in juvenile. [Then] I violated my probation and was supposed to go to jail for 6 months and that was around the time I was supposed to be going to college. The day before I went to turn myself in I got my acceptance letter from Dominguez," he said.

He turned the letter in to his judge and was given the opportunity to attend college. "If she didn't do that, I probably wouldn't have ended up here. I probably would've gone back to the streets," he said.

Coming out to L.A. for school was also a challenge. Growing up in the streets he had the mentality of trusting no one which made it a bit difficult for him to start his life out here. Moments like this is when he turns to his music. "I love the music so much [because] it helped me put myself out there. I started passing out my mixtape, and now Dominguez knows me. All of my relationships are through my music," he said.

C5 also became a mentor to middle school students in South Central L.A. "I've seen both sides of it and it gives me the upper hand when I'm trying to preach to my mentees that it's not the life they want to get into," he said. "I've been down that route and it makes the message more powerful for them to see me now from what I am. That's what I talk about in my music: where I came from, where I am now and where I'm going."

Aside from his music career, C5 also plans to start a non-profit music program for the youth in oppressed areas in the future. When he was on probation he was part of a similar program that not only taught him a lot about the music industry but also kept him out of the streets. He will soon recreate his pops' trap to help kids stay out of the streets.

C5 strongly believes, from his past experience, that "anything is possible and it's never too late to turn around."

Processed with VSCO with b5 preset

"I [used to] have epiphanies all the time on campus thinking  
"Damn, if only they knew what I came from?"



*To listen to C5's music and follow his journey, check out his social media.*

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# California's first black professor taught at the Mount

[theathenianprint.wordpress.com/2016/06/15/californias-first-black-professor-taught-at-the-mount/](http://theathenianprint.wordpress.com/2016/06/15/californias-first-black-professor-taught-at-the-mount/)

By The Athenian Print

Published on June 15,  
2016



*Written by Victoria McCargar, University Archivist*

**SKIMMING THROUGH THE 1957 YEARBOOK**, we noticed that among the 10 smiling members of the Nursing Department faculty was an African-American woman identified as Mrs. Betty Williams. We wondered whether that was unusual — how many faculties at California colleges and universities had black faculty in those days?

It didn't take Google long to produce an answer: Our Betty Smith Williams was the first black professor in California — male or female, in any subject, anywhere in higher education. It says so [right here](#).

**Should we be surprised?** After all, the Mount graduated a young African-American woman, Vivian Burgess '52, from its first-in-California bachelor's in nursing program. The brilliant Sister who made that happen, Rebecca Doan, CSJ, was still chair of Nursing in the fall of 1956 when Betty Williams broke the color barrier and joined the faculty.

Williams herself had already broken that same barrier when she became the first African-American to earn a master's in nursing at Case Western Reserve University in Ohio in 1954.

She taught at the Mount for 13 years, moving to the faculty at UCLA and many more firsts. You can read about them here: <http://bit.ly/1Tt95d4>

**Now 82, Dr. Betty Smith Williams** remains actively engaged in issues of ethnic and racial diversity in nursing and nursing education, and continues to speak to the importance of cultural competency among nursing professionals.

In 2010, she received the prestigious designation **Living Legend** of the American Academy of Nursing, the second member of the Mount community to reach that pinnacle after **Sister Callista Roy, CSJ** (2007).

**Dr. Williams' amazing academic career** got its start because our {Unstoppable} founding Sisters of St. Joseph of Carondelet weren't afraid to be bold — nor were they interested in holding to the conventions of the day.

To the women and men of the Class of 2016 who will soon receive their diplomas, congratulations! In the footsteps of Sister Rebecca, Vivian Burgess, Dr. Williams and all the other remarkable people of the Mount who have gone before you, be {Unstoppable}. Be a first.



*Betty Williams, center, with nursing colleagues Marjorie Cogan and Sister Richard Joseph in 1958. Photo taken from The Mount Archives blog.*



*Betty Williams, seated at the end of the table, joins the rest of the nursing faculty in a humorous moment during a meeting, 1956-1957. Photo taken from The Mount Archives blog.*

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**MSMU**

*Published on April 25, 2016 — [Leave a Comment](#)*

## **A Prismatic Drudis Gallery experience**

written by **The Athenian Print**



*Written by Jessica Flores, Treasurer*

Step into the art department's senior gallery show *Prismatic* and you'll walk into a room filled with an array of unique work. Without a doubt, the artists' work reveals a talent that must not go unnoticed.

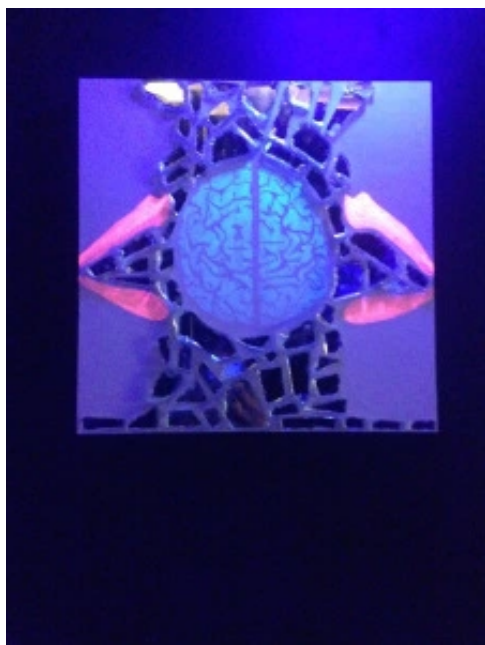


Seniors debuted their projects on Saturday, April 23 which is a requirement for the Bachelors of Arts degree. Projects consist of black and white photography, acrylics on illustration boards, oil paintings, and much more.



*Christianna Loza's "The Sasquatch of Camp Pine Trails"*

Christianna Loza's project "The Sasquatch of Camp Pine Trails" is a collection of acrylics on illustration boards. "I grew up going to camps and I even ended up working them for years [and] those memories really have stuck with me," she said. "These beautiful landscapes of snow-capped peaks or towering trees feel like home and peace to me, it's where I go when life gets stressful and has become where I go to paint in my room when getting outdoors isn't possible."



*Tanya Morales's project "Inside"*

Tanya Morales's project "Inside" is a collection of a white gouache matte medium mixed with glow in the dark powder inspired by psychological disorders and wanting to bring awareness through her art. "The mirror pieces are a big part of the illustration because the viewer is able to be a part of the illustration by having their reflection shown. I want them to understand that this is a big issue that we need to help them and not discriminate because of their disorder," she said.

You can take a deeper look at their work now at the José-Drudis Biada Gallery. *Prismatic* will be on display until April 30th. Let's support our artists!

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**SPORTS**

*Published on April 28, 2016 — [Leave a Comment](#)*

## **Lakers fire Head Coach Byron Scott after back-to-back losing seasons**

written by **The Athenian Print**



*Written by Liz Charre, Staff Writer*

Laker fans, if this season wasn't a disappointment one, it just got a lot worse. After serving two seasons with the Lakers, the organization has decided to let go of head coach, Byron Scott.

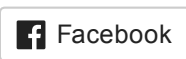
The Lakers have had consecutive losing seasons, this season topping their worst losing record in franchise history. They missed the NBA playoffs for the past few years, only making their last appearance in 2013. They have had several changes to the organization such as firing several coaches, which include Mike D'Antoni and now Byron Scott. For Laker players and fans, it has been a roller coaster ride this past couple of seasons. Now that the 2015-16 season has officially ended for Lakers, they will need to figure out who will become the next head coach of this prestigious organization. Stakes are pretty high for these coaching positions with Kobe Bryant recently playing his final game.

Some coaches that have expressed interest in coaching the Lakers have been, assistant coach of the Golden State Warriors Luke Walton, former Knicks coach Derek Fisher, Scott Brooks, and a couple others. Now, the question that all fans are searching for is who will get the position? Who will become the next coach of the Lakers? Can the Lakers make the playoffs this upcoming season? More updates to come as the Lakers start interviewing candidates for this position.

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SPORTS

Published on April 24, 2016 — Comment 1

## No-hitter for Arrieta

written by The Athenian Print



Written by Liz Charre, Staff Writer

For the second time in his career, Jake Arrieta threw a no-hitter, shutting out the Cincinnati Reds last night. He is the fourth pitcher in MLB history to be the reigning Cy Young award winner and throwing a no-hitter the following year. The other players that have thrown a no-hitter, a year after they won the Cy Young award, were Sandy Koufax in 1964, Bob Gibson in 1971, and Clayton Kershaw in 2014.



Arrieta has had a great start to the 2016 season. His record for this season is 4-0 and since last season, Arrieta's record is 20-1 with his era being less than one. In his last 24 starts, he threw two no-hitters and has only allowed seven runs in those starts. For hitters, it looks like they are unable to figure out Arrieta's pitches because he has been solid in last year's postseason. As the Cubs celebrated their twelfth win on Thursday night, it wasn't just Arrieta who stole the show. Rookie of the year, Kris Bryant had an extraordinary night hitting a grand slam to top on the Cubs hitting parade against the Reds. However, those runs didn't matter because Arrieta still had the strength to continue on nine full innings to defeat the Reds on their home turf. With all the excitement on the field occurring, there was a small incident. A Cubs fan ran on the field during the celebration of Jake Arrieta's second no-hitter. He was immediately taken off the field by security but was full of emotions when he witnessed his favorite team pound on the Reds and their ace pitcher throw another no-hitter.

What an extraordinary night for the young pitcher with much potential. Fans, don't be surprised if Arrieta pitches another no-hitter this season. The way he is playing hitters do not know what to expect.

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**OPINION**

*Published on April 19, 2016 — [Leave a Comment](#)*

## **When The Ignorance Is Al**

written by **Kimberly Quitzon**



*Written by Kimberly Quitzon, Vice President*

For those of you who may not know, foot binding, also known as “lotus feet” is a ritual in China where parents wrap their daughters’ feet so tightly in efforts to form a point-like shape. The painful practice causes bone deformity, causing some women to lose their ability to walk because their feet become so small. This long and painful procedure is endured by many girls and women for the attraction of men, as small feet are a beautiful

feature in the culture.

I bring this to your attention to inform those who may have seen Amber Rose's IG post this morning. In a meme, the model laughed at a picture of a woman's foot who had been bound that read "When the head is A1," laughing at the idea of your toes curling up. As a proud feminist, I was completely offended.

For Amber Rose to claim to be a part of the feminist community is a joke after this post. I assume she does not know what this practice is and expect her to educate herself. This practice is done solely for attraction and nothing else; therefore, contributing to the oppression of women across the globe. I genuinely use to love her radiant personality and free spirited nature but after this, Amber definitely lost a rosebud.

Since then the post has been deleted and no comments have been made, stay tuned for any updates.

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amberrose



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by **Kimberly Quitzon**



Freelance journalist

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OPINION

*Published on April 18, 2016 — Comment 1*

## **The Bamboo Ceiling**

written by **Kimberly Quitzon**





Written by *Kimberly Quitzon, Vice President*

Asian Americans continue to live under the same stereotypes as they did a hundred years ago. Their slanted eyes impact their capability of driving, they have a natural ability to do Kung Fu or Karate, and of course they are all Chinese. As mainstream media perpetuates these stereotypes, it's hard for Asian Americans to defend their actual culture. The representation of Asian Americans in the media has created a society where it is okay to discriminate Asian's and laugh it off. Rarely do people pay any mind when white Americans wear yellow face and put on stereotypical accents, like in an episode of the CBS sitcom *How I Met Your Mother*. The episode reveals how desensitized people have become in offending Asians for the sake of comedy. Although the network intended the skit as a harmless joke, they were quickly called out on social media with the hashtag #HowIMetYourRacism.



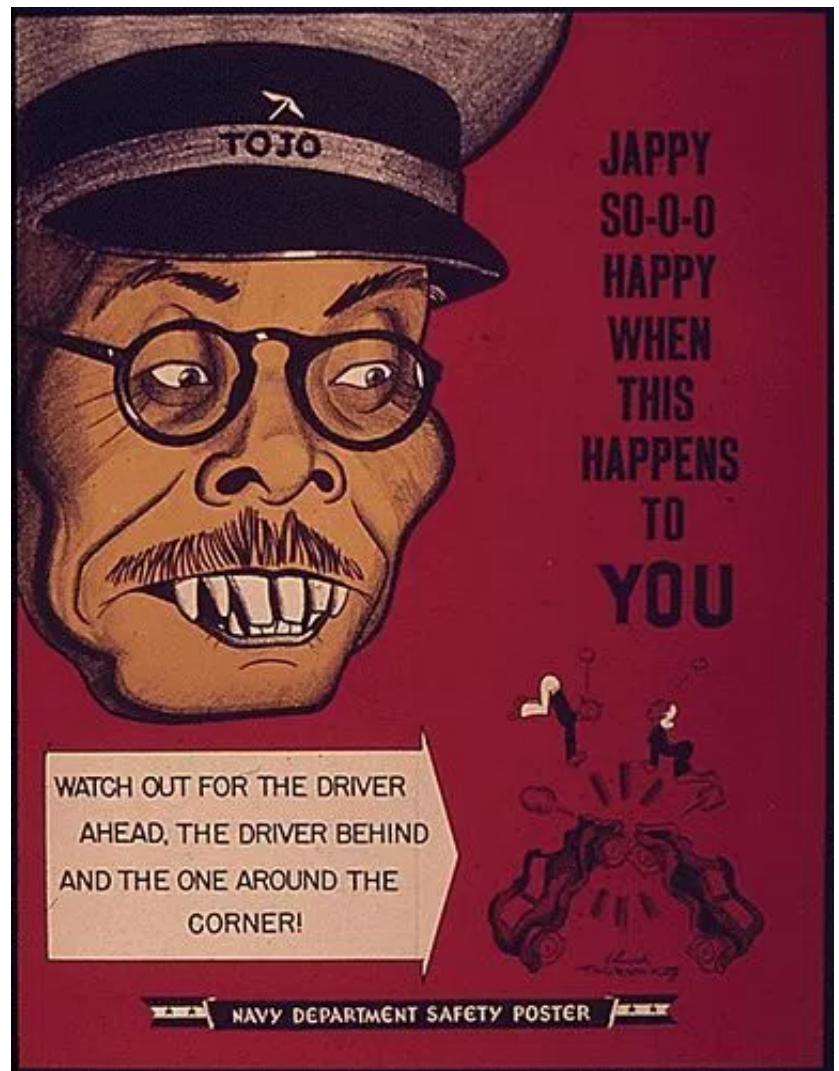
However, the biggest problem with Asians in mainstream media is their lack of lead roles in film and television. Even if Asians are appropriately represented in a series or film, they're more than often a supporting character. ABC recently released the show *Fresh*

*Off the Boat* starring an Asian-American family and does a great job in reflecting an accurate story on typical Asian life without playing into stereotypes. Although this is a win for Asian representation, networks need to learn to be more inclusive in everyday sitcoms. A show like this is a stepping-stone toward introducing more culture, but it does not make up for the less than 5% in overall media. But why is it so hard for network executives to include Asians or really any other race into lead roles? It is because the network executives, the producers, and directors are all white.

The shift on screen must first take place behind the camera in preproduction and casting. Stereotypes can be eliminated with more representation in writing and directing. If there were more representation of Asian Americans in the positions of the people who create these shows and movies, there would be better representation on screen. The decisions made off camera impact what goes on camera and these decisions should be made strategically to reflect the actual world. With the lack of diversity in the field and many others,

it brings us to The Bamboo Ceiling. Asians are the fastest growing population in the world, however, they are the least represented in executive positions. As a culture, there has been an ever-growing stereotype that although Asians are smart and hard working, they are quiet and unfit for leadership positions. The racial barrier not only applies to film and media positions but corporate positions as well, ultimately creating a vicious cycle of exclusion. Content creators are attempting to imitate the real world with white bosses and an Asian computer tech. Meanwhile, young Asian children search for powerful role models to connect with that are not there, discouraging them from pursuing management positions, or even jobs outside their stereotype.

The media has a responsibility to accurately portray Asian American's in the media. This includes Indian-Americans who are also stereotyped for being liquor store owners and cab drivers. Networks also need to cast Asian-Americans in their deserved roles rather than casting white actors to play their parts. For example, Emma Stone who played a quarter Chinese and quarter Hawaiian character in the film *Aloha*. Her response was that "the character was not supposed to look like her background." However, this was a perfect opportunity for Hollywood to cast an Asian actress in a lead role. This is not the first time a role was "whitewashed," throughout history white actors have played roles of color and have went unnoticed. In *The Last Airbender*, a film based on a Nickelodeon cartoon with Asian and Native American descent characters, the 2010 film cast white actors to play the lead roles.



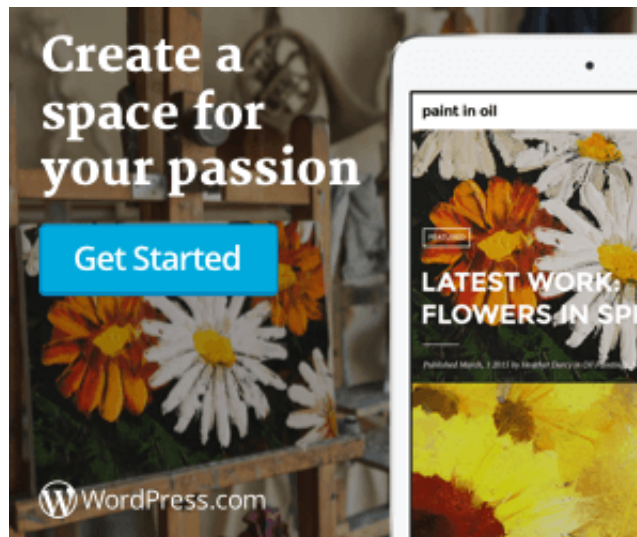
Like any minority in the media, the lack of representation creates a divide in culture and misunderstanding. However, Asian Americans continue to experience a unique form of racism in the media. East Asian's have always been perceived as aliens or angry foreigners. From Marlon Brando putting on a poor Japanese accent to Mickey Rooney as a loud landlord in *Breakfast at Tiffany's*. Asian culture has become nothing but a racist joke



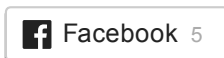
everyone looks past. If white actors today put on blackface, it would cause an uproar on social media and downplay the racism blacks have endured for the past centuries but the yellow face is just as racist and tends to resemble WW2 Asian propaganda. White America looks past this issue because they believe it's getting better and one or two shows featuring Asian families are good enough, but there is still a plateau of leading Asian actors in feature films.

For the Asian girl who watches *Mulan* a hundred times because it is the only Disney character who resembles her, there should be twenty more princesses and superheroes alike. Diversity has become the forefront of the issue in Hollywood, especially with the recent backlash of the hashtag #OscarsSoWhite. However, it was mostly black actors and actresses who stood up to boycott the event. Although more black roles would be a step to more diversity, it's important to remember there are other races represented in films that have been poorly cast, like Ben Affleck in *Argo*. The world is not black and white, and the media needs to remember that America is diverse with enough stories to tell and more than enough actors to represent that.

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**THIS ENTRY WAS POSTED IN:** Opinion

**TAGGED WITH:** Asian American, featured, how i met your mother, howimetyourracism, media, race, stereotypes, Television, yellowface

by **Kimberly Quitzon**



Freelance journalist

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**Marcos M Villatoro**

April 18, 2016

Bravo—yet another demonstration how a people of culture get cut out of American pop culture. As a professor, I've been enjoying a learning curve from filipina and Chinese students. They've got a lot to teach, not just about their cultures, but the prejudices they face. Quitzon hits the nail hard on the head.

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**APRIL 2016**

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**SPORTS**

*Published on April 15, 2016 — [Leave a Comment](#)*

## **Hollywood end in NBA season**

written by **The Athenian Print**



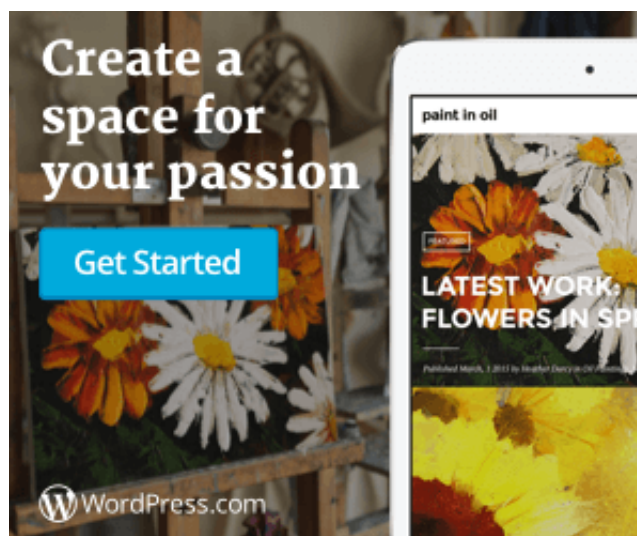
The NBA season closes off with a Hollywood end as of Wednesday, April 13, 2016.

First off, the man of the hour Kobe Bryant with 20 seasons with the Lakers, five-time NBA champion, 18 time All-Star, and 15-time member for the All-NBA Team. As the NBA star entered the Staples Center Arena one final time, the crowd went wild chanting “MVP, MVP, MVP.” Kobe, who has not scored more than 35 points this entire season, showed his determination and strived one last time in his Lakers uniform. He broke the record for most points in his last game passing Wilt Chamberlain. To close his final game, he scored 60 points and won the game for the Lakers. What a great way to end an incredible career.

Now, Kobe was not the only person breaking records. The Golden State Warriors made history as well winning the most games in a regular season. The Warriors entered Wednesday night with one win away from breaking the 1995-96 Chicago Bulls record of 72 wins in a regular season. With having only a 14% chance the last three games, the Warriors proved that they are the team to beat. They cruised through the Grizzlies beating them 125-104 and earning their 73rd win of the season. It has been the first time in NBA history that a single team has won more than 72 games.

It was a historical night on Wednesday. Records broke left and right, a phenomenal legend went down one last time, and a single team broke an NBA record with the most wins in a season. As mentioned before, April 13, 2016, is going to be a night that every basketball fan in this era is going to remember. Now as the season has concluded it is time to begin the playoffs. Tune in for more record-breaking updates. And on a final note, which team will win the NBA title this year? Would it be the Warriors making it two years in a row? Keep up with the NBA playoffs these next couple months and see what it has in stored for all viewers.

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**MSMU**

*Published on April 15, 2016 — [Leave a Comment](#)*

## **Don't miss out on the latest in MSMU Music**

written by **The Athenian Print**

### The MSMU Department of Music Presents **Mount Orchestra Class Spring Concert**

This concert will feature 2 student soloists: Bea Dimaunahan (violin) will perform the 1st movement of a Vivaldi Concerto and Aliya Malabanan (flute) will perform the slow movement from "Eine Kleine Nachtmusik" by Mozart.

There will be a light lunch reception following the concert.

**Friday, April 22 at 11:30 AM**  
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Reception to follow!

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**THE FACES OF THE MOUNT**

*Published on April 11, 2016 — [Leave a Comment](#)*

## **A different flourishing of the soul**

written by **The Athenian Print**



*Faces of the Mount*

Student: Ajeé Anderson

Major: English



“I wanted to graduate in 4 years. I’m slightly a stickler for sticking to the plans I set in my head. I hate the what-ifs in any situation. That’s my biggest fear, the what-ifs. My struggle was realizing that life is really, very unpredictable. I’m not a very religious person, but I always believed in the saying: “If you want to make God laugh, tell him you have a plan for your life.”

I started off majoring in Biology and I came to this school to become a veterinarian. The school told me they had pre-veterinary; I got in and accepted it. Unfortunately, they lied and said they didn’t have it. I’m not bitter at all, though, to be honest. It’s part of my story.

I remember sitting in my classes and honestly abhorring the material being taught. It wasn’t the professors – I loved them. They were all good people and you could tell that they were passionate and that they cared for their students. But I dreaded sitting there. I would pray that an alarm would go off so that I wouldn’t have to go to class. It was just me, personally.

During that same time, I had a minor in English, and it was only a minor because I always thought to myself “Okay, Ajee let’s be smart about this career goal.” So, in the beginning, I stayed with Biology thinking that that was what I wanted to pursue.

Looking back, I remember being so sad and depressed that I would call my mom crying because of the stress. I wasn’t happy with any of my Biology classes. And she would always say to me, “If you’re not happy why are you still there?”

There was a lot of inner turmoil because I didn’t want to make it seem like I was a failure. It was hard overcoming the whole concept of “you’re not trying hard enough and that’s why you’re not passing.” I felt unintentionally pressured by the outside people in terms of them constantly telling me to just “stick it through.”

I would study through finals week completely stressed. I would study so hard and still barely pass. I know I gave my all and it still wasn’t enough. So I thought, if I’m giving my all and I’m still not getting the results I deserve, I shouldn’t be here.

I said fuck it, I’m not happy. And I know that I did try my best.

And then I remember sitting down in my English courses and I loved it so much. I was well aware that my college years shouldn’t be as simple, but I also knew that I shouldn’t be walking into every class absolutely hating it or dreading the next one. I should, at least, be excited. I was struggling. I knew Biology wasn’t for me.

And I had to come to terms with it. I mean, during that time, I thought maybe if my classes were more veterinary-based, I would have stayed. But even then, I think I would have pulled the plug.

So, I switched to English and this is who I am today. And I love it. Biology and English – they're two different spectrums. I'll be honest, it was difficult to change, but I mainly remember it being a happy one. It really was.

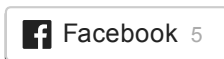
What made English the better choice for me was that it was a different flourishing of the soul. When you read a new book for the first time and it's absolutely amazing, it's this feeling of elation and happiness that only a few people can understand.

Even now, when I'm sitting in my English classes, I feel like I'm in the right place, at the right time. It all makes sense for me at that moment. The world just feels right."

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**SPORTS**

*Published on April 11, 2016 — [Leave a Comment](#)*

## **Baseball is back**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

Fans, it's that time of year again. It's that time to put on your favorite baseball hats, jerseys and start piling up the hot dogs and beer because baseball season is officially back.

It's been a long offseason with major trades occurring beginning with pitchers David Price and Zach Greinke who made historical deals with the Boston Red Sox and the Arizona Diamondbacks. Other trades have occurred and major announcements have commenced. Among them, David Ortiz, known as "Big Papi" from the Boston Red Sox, has decided to retire after this season.

With talent off the charts this season, there are many reasons to hit the ballpark this summer. In this pool of talented players, Dodgers' shortstop Corey Seager is one to look out for. He made his MLB debut late last season but is ready to show his skills this year. Another player that fans should look out for is Japanese pitcher Kenta Maeda, who will pitch for the Dodgers. Maeda has proved during spring training that he is going to be one of the starting pitchers that will change the Dodgers rotation. Rockies' shortstop Trevor Story is also among the players to keep an eye out. He broke MLB records and has shown great leadership the first week of the season.

Well, there you have it fans, a couple reasons as to why you should hit the ball park this summer. Enjoy some games with friends and family, drink reasonably, and watch ball players blow your mind.



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ARTS & ENTERTAINMENT

Published on April 8, 2016 — [Leave a Comment](#)

## Selena: vive en nuestros corazones




written by The Athenian Print

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We love and miss [#SelenaQuintanilla](#)!  
It's been 21 years since we lost her  
incredible talent.     
[#ComoLaFlor](#)



9:26 AM · 31 Mar 16

Written by Beatriz Garay, Staff Writer

*Spanish piece on the Latin American singer and songwriter Selena Quintanilla who achieved international fame for her Tejano music.*

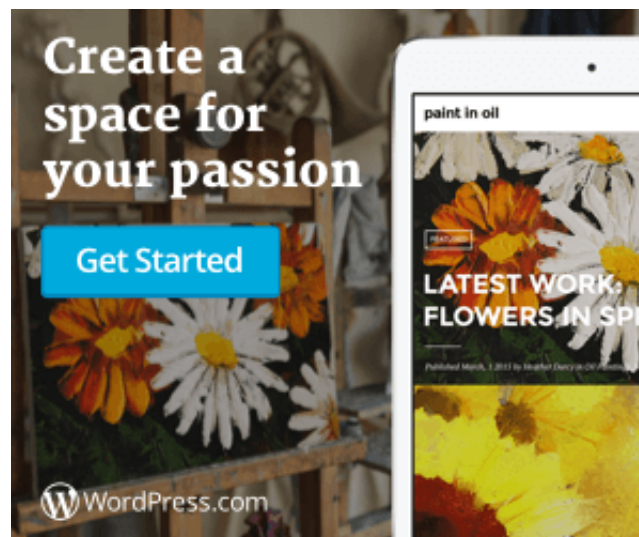
La mayoría de la gente hispanohablante sabe quién es la “Reina del Tex Mex,” Selena Quintanilla. Marzo treintaiuno marco veintiún años de su muerte prematura, y es evidente que la gente siempre recordara a esta talentosa cantante.



Selena cautivo a miles de corazones y esos corazones frecuentemente recuerdan que la propia presidenta de su club de fanáticos la asesinó a balazos.

Aun después de dos décadas de su partida, la memoria de esta gran artista no se ha quedado en el olvido. Por las redes sociales, muchos fanáticos, estaciones de radio, y revistas siguen compartiendo su memoria, música, y belleza. De alguna manera, y por alguna razón, esta joven cantante permanecerá en nuestros corazones, hoy y siempre. Cuál es tu favorita canción de la “Reina del Tex Mex?” Comparte tú respuesta en los comentarios hacia abajo.

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CREATIVE LAB

Published on March 25, 2016 — Leave a Comment

# My loving grandpa

written by The Athenian Print

Written by Liz Charre, Staff Writer

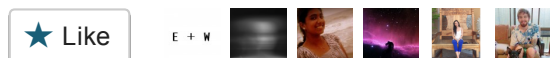
I look down and see  
You smiling and watching me  
My loving grandpa

*\*a haiku in memory of 'grandpa'*

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**THIS ENTRY WAS POSTED IN:** Creative Lab

**TAGGED WITH:** grandpa, haiku, poems, Poetry, students, Submissions

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## PREVIOUS POST

*Sexism scandal causes Indian Wells CEO to resign*

## NEXT POST

*Democracy is only as strong as participation*

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## MARCH 2016

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## ARCHIVES



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**SPORTS**

*Published on March 25, 2016 — [Leave a Comment](#)*

## **Sexism scandal causes Indian Wells CEO to resign**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

Last Sunday, Serena Williams blasted Raymond Moore after he made sexist remarks before the Women's BNP Paribas Open final in Indian Wells, California.

Moore spoke at a press conference and stated that female tennis players should "go down every night on their knees and thank God for male players." Many female players did not take his comments lightly.

Serena Williams, after her straight sets loss to Victoria Azarenka, immediately responded to Moore's statement saying, "those remarks are much mistaken and very, very, very, inaccurate."

Moore did issue an apology after Williams called him out and then resigned his place the day after the incident arose and caught the attention of so many athletes. However, Moore was not the only male who was making sexist remarks about tennis. Novak Djokovic, from Serbia, also had some critical things to say about women's tennis. Djokovic, however, did credit female tennis players for changing the game but did indicate that men should fight more on the prize money being distributed for winning grand slam titles and small tournaments as well. Though he does give credit to women and their well-deserved win, he stated that "men should fight more" because they attract and excite more viewers than women.

As these sexist remarks stay in the air, what does this mean for female tennis players? Should they be concerned? Will it take effect in future games? How do viewers perceive tennis now?

And will Serena Williams boycott once again after year-long appearance from Indian Wells?

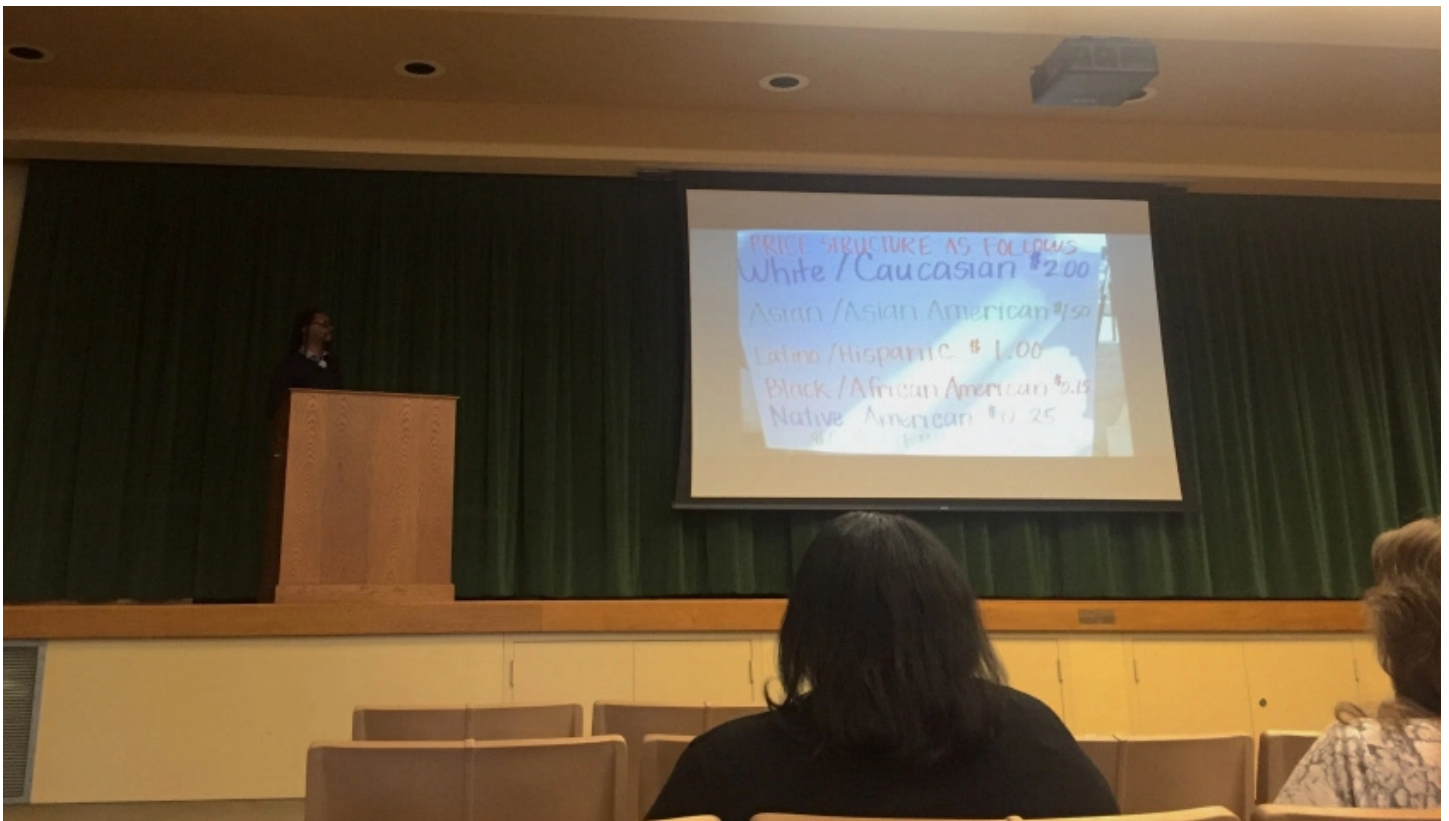


OPINION

Published on March 24, 2016 — [Leave a Comment](#)

## Band-aids don't fix bullet holes

written by The Athenian Print



*Written by Jessica Flores, Treasurer*

Lawrence Ross' presentation at the Doheny campus touched on a topic many people flee away from: racism.

One of the many topics he educated the audience on was institutional racism on college and university campuses across the country, focusing on black college students. He emphasized the importance of not only

diversity but inclusion in all institutions. Students were advised to voice what they want to see in their classrooms and campuses.

As I left Ross' presentation, I could not help but question the diversity and inclusion of black students here at Mount Saint Mary's.

I sat with black students Cierra Black, Sydnei Jones, and Amber Bradley, who also attended the event, as they reflected on the presentation and how it connects to our community.

Sydnei Jones, junior, said, "[Ross] stated the obvious in ways we couldn't in the past."

They have asked for more cultural classes at the Mount so students have a better understanding of all cultures. Cierra said, "All the black history I know, [I learned] outside of class. We need curriculum to be more diverse as well." However, they feel voiceless because they aren't taken seriously as students.

"We feel like people don't understand us by our humanity," Sydnei said. "As long as you put a band-aid on issues, things are only going to get worse."

"Band-aids don't fix bullet holes," Amber followed.

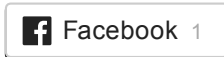
Ross mentioned that it is important to have faculty involved and he mentioned he was glad to see some of the Sisters of St. Joseph, along with President Ann McElaney-Johnson involved in these kind of conversations.

After seeing the Mount community come together for this, I urge even more students to jump on this conversation. Like Ross said, we must question everything and be critical thinkers.

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**TAGGED WITH:** campuses, colleges, Culture, curriculum, diversity, inclusion, racism, students, universities

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*Brought to you by the Film Department*

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*Published on March 17, 2016 — [Leave a Comment](#)*

## **Brought to you by the Film Department**

written by **The Athenian Print**



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MSMU

*Published on March 17, 2016 — [Leave a Comment](#)*

## Athenians fostering a spirit to serve others

written by **The Athenian Print**

*Written by Jessica Lopez, student submission*

Hello, Mount Community!

A few weeks ago one of my professors brought in a guest speaker from [Lily Of the Valley Endeavors \(L.O.V.E.\)](#) to present their mission to our class. She told us story after story that made each one of us laugh, gasp, and personally, tear up.

L.O.V.E has been rescuing AIDS infected, and affected babies in Africa grow into healthy and educated individuals. Their mission is selfless in all aspects. It is important for me to mention that with all of their great work they are currently looking to expand their orphanage by building a vocational village for those over 18 years old. The babies that they rescued have now grown up and require a different space to cultivate their development.

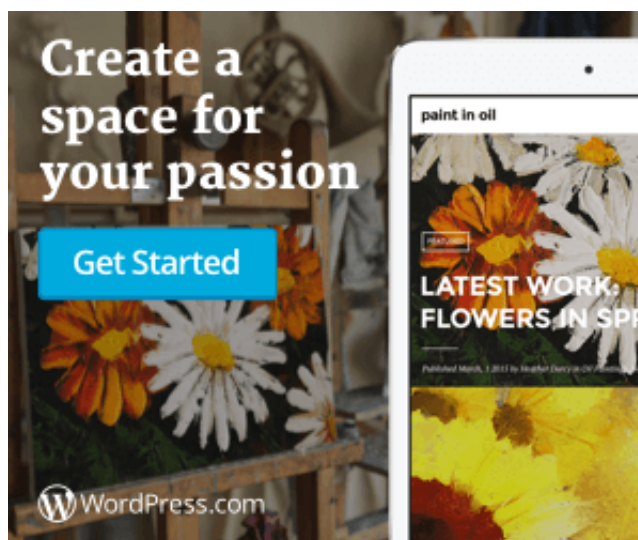
The guest speaker's goal was to get us to choose her organization as our service project for the class. However, I like to believe that she chose us and not the other way around. We have the opportunity to be a part of their mission by spreading awareness and fundraising \$1,500. I would like to give you the opportunity to do so as well.

Please help support us by donating and sharing our [GoFundMe](#) page or their [Facebook](#) page, any amount is greatly appreciated. Share our link on your social media and check out the most adorable children in the link below. Thank you in advance.

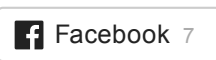


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*Published on March 14, 2016 — [Leave a Comment](#)*

## **Back at it again with the Word of Mouth**

written by **The Athenian Print**

# **The Athenian Print & Student Affairs Presents**



**WORD  
OF  
MOUTH**

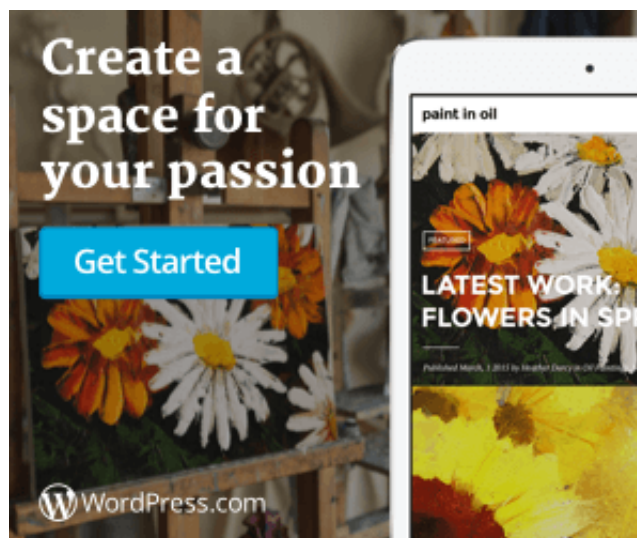


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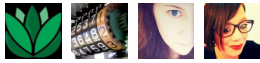
This Wednesday, March 16 the Athenian Print and Student Affairs will come together for their biannual Word of Mouth event that will take place from 6:30-8:30pm. The open-mic gathering is a time for all Athenians to come out and express themselves through the power of expression. You can perform a song, dance, poem, or simply cheer for your fellow peers under the moonlight, just outside the Campus Center.

Complimentary drinks and refreshments will be available at the event.

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**TAGGED WITH:** dance, express yourself, Expression, poems, Poetry, songs, spoken word, Word of Mouth

## PREVIOUS POST

*When unique opportunities exceed comfort zones*

## NEXT POST

*Athenians fostering a spirit to serve others*

## MARCH 2016

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*Published on March 11, 2016 — [Leave a Comment](#)*

## **When unique opportunities exceed comfort zones**

written by **The Athenian Print**



*Written by Jessica Lopez, student submission*

It is an eye-opening experience to step out of your comfort zone. Personally, this means not limiting myself to set paths within my major. As a business major, I never considered the idea of participating in the public policy program until this year, my senior year. It wasn't until I started talking to people who I found out that the Public Leadership Education Network (PLEN) is not only for political science majors but for everyone. I thought: How can a program based off of public policy in Washington, D.C. be for me?

Simple, in my years here at the Mount, health equity has been one of the public policies in which I have become an avid advocate. So much that one of my closest friends and I are in the beginning stages of creating our nonprofit on health equity. Starting a nonprofit requires a lengthy amount of research and a lot of dedication. As my senior year comes to an end, I have not given 100% of my dedication to the cause, but that does not mean that my heart is not 100% in it.

Suddenly, the Women's Leadership office released the PLEN seminars for the Spring semester. It was as if the universe was letting me know that my dream will become a reality. One of the Spring seminar's themes read "Women Unlocking Nonprofits." At this point, I feel obliged to mention that I am thankful for the people who shared the knowledge of MSMU's many opportunities and that gave me the push I needed to apply.

After surviving the hardest interview I have ever been a part of, I was going to Washington D.C. with two of my fellow Athenians, and we were going to represent Mount Saint Mary's University. We were going alone and were going to interact with women leaders who are actively influencing public policy in the center of one of the most influential cities of our nation. I had to remind myself that I was an adult and that I could handle all the responsibility and information attached to this honor.

As a first generation student, this meant a great deal in my household. I figured all of Guatemala, where my family is from, to know that I was going to Washington D.C. I was right. I was immediately bombarded with emails, messages, and calls from all of my family members.

Fast forward to Tuesday, the day of departure, I was hustling to finish a midterm and make my flight on time. My parents dropped me off and reminded me to stay authentic with every person I meet. Their words of advice did not come from one of experience but one of hope. It was one of those moments every first



*Lopez outside the White House.*

generation child will experience, one of generational hope.

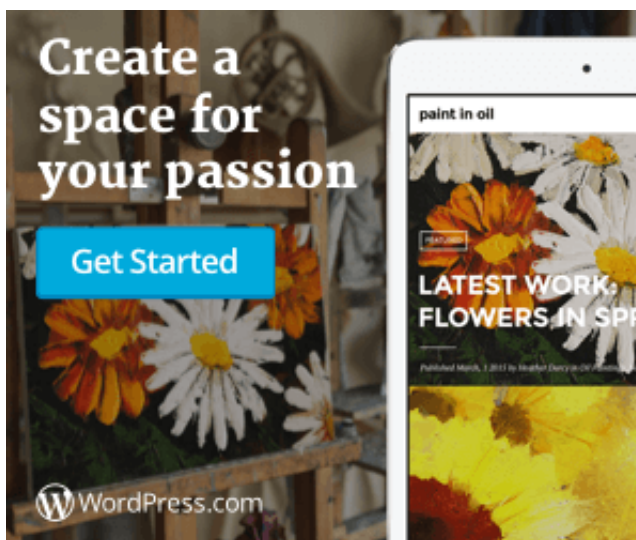


Selfie with non-other than Abe Lincoln, himself.

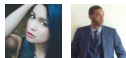
I caught the red-eye and woke up in Washington D.C. The next four days would consist of influential panelists, networking, and sightseeing. I gave my business card out like candy, raised my hand to learn more about the panelists, and walked 27 miles around the beautiful city. Every panel gave me insight into every step I will meet in building a non-profit.

It is an eye-opening experience to step out of your comfort zone, but an electrifying experience when you learn to embrace new waters.

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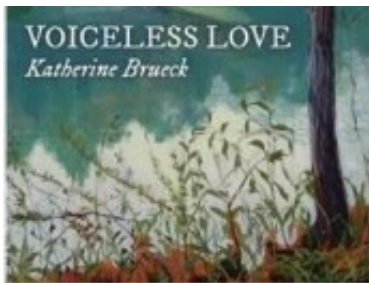
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*Published on March 10, 2016 — [Leave a Comment](#)*

## Dr. Brueck on her newest publication

written by **The Athenian Print**



*Written by Tamara Murga, Editor-in-Chief*

To some, the thought of writing a poem or anything that requires the collision between pen and paper is cringe-worthy. When it comes to the act of writing, many simply stick to the making of their grocery list, or typing a long, angry text message.

The cliché but honest form of writer's block begins with the staring at a blank piece of paper or computer screen. When these moments linger long enough, the anxiety soon unfolds. The truth is, however, that even experienced writers go through this overwhelming process. The difference with Dr. Katherine Brueck, author and English Professor at the Mount, is that she knows how to defeat it: write even when you cannot.

Through the power of strong sentiment, Dr. Brueck proudly presents her most recent work "Voiceless Love" at Chalon on March 15.

Dr. Brueck's relationship with writing originates with being a John Carroll University undergraduate student. She then continued for her M.A. at Purdue University and pursued her PhD in Comparative Literature at

University of Illinois. Though she grew up in the Midwest, she returned to where she was originally from, California. In 1980, she began her trajectory at the Mount and continues to do so presently as the Chair of the English Department.

“When we started we had about 15 students in the department and now, we have more than double that,” she continues, “Since then we also started ministering a broader group of students, which is simply wonderful.”

Now in 2016, she holds her very first creative writing publication. She testifies that, “...it feels very good to see it all come together and feel it in [her] hands.” Though she has written other literary pieces, “Voiceless Love” is undeniably her most special work.



“... it feels very good to see it all come together...” -  
Dr. Brueck on “Voiceless Love”

When asked how she comes about writing a poem, she shared that there is usually a strong feeling, often an unpleasant one, and expresses it on paper in the form of poetry. This publication is a collection of 25 sonnets based on different people in her life, including her friends, children, mother, and father, to which her sections are titled. She ends with a section titled *God: The Crucified*. She notes that she came to see through the philosophy of Simone Weil that Christianity is a religion of the cross. From this, she said her own theology is a theology of the cross, which helped her title the last section. Her sonnets are pretty “naturalistic,” as she says herself. The poems deal with difficult and unpleasant issues, but she mentions that the sonnet form is so difficult she hopes people will not understand what she is saying as they are very personal poems.

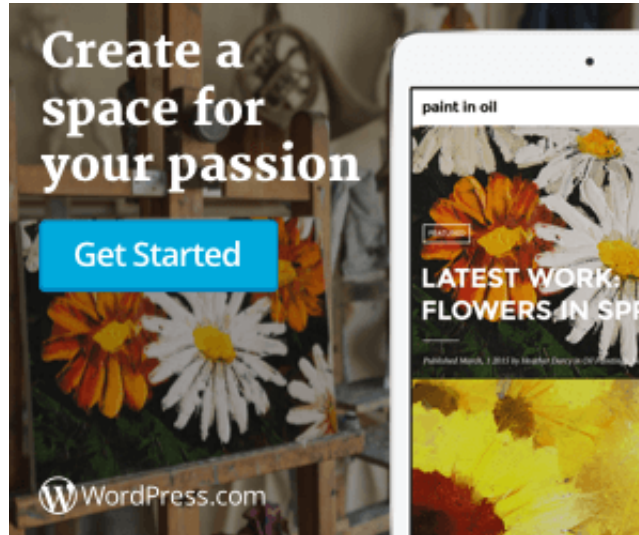
The beautiful collection of sonnets in “Voiceless Love” has inspired many, however, as she conveys topics that anyone can relate to at some point in their lives. She adds:

*One of the poems in here that people seem to respond to is Nightmare, under the Children category. It's about a parent's relationship with their child that is not biologically their own. My husband and I adopted two children. Nightmare is about the moment you think about when your child is growing up. It just envisions her going off with the birthmother. You have these moments of nightmare. But other people came up to me and they responded. They said, my children are biological but I have just the same nightmare because now they're out of the house. I don't know if I'll ever see them again. A father told me that. And then a woman, who didn't necessarily say but I believe was a foster mother had the same emotion. I think this poem is one many people can relate to.*



Dr. Brueck and the English Department delightedly invite you for an afternoon celebration of “Voiceless Love.” The event will be hosted by Professor Villatoro on Tuesday, March 15, in Humanities 402 at 1p.m. There will be a reading and a Q&A section. Light refreshments will be provided and copies of “Voiceless Love” will be made available at the reading.

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**TAGGED WITH:** English, featured, Katherine Brueck, MSMU, poems, Poetry, sonnets, Voiceless Love

**PREVIOUS POST**

*If not me, then who else?*

**NEXT POST**

*When unique opportunities exceed comfort zones*

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## THE FACES OF THE MOUNT

*Published on March 9, 2016 — [Leave a Comment](#)*

# If not me, then who else?

written by **The Athenian Print**



*Faces of the Mount*

Name: Phylizia

Majors: Political Science and Global Politics

## Minors: Philosophy and Film, Media, and Social Justice

“I picked these majors because I didn’t see anyone else doing it. I thought, ‘If not me, then who else?’ I’m interested in politics, and hopefully, I’ll be able to run or lead with either policy or anything like that. I was trying to look for role models and didn’t see anyone, so I was just like, well I’ll do it. It’s pretty cool to lay your own path.

It’s very cliché, but just do it. Do it on your own terms and on your own time because a lot of people, especially women, get very focused on the obstacles ahead of them that they don’t even start.

Recently, I was in DC and across the White House there’s something called “The Anti-War Peace Vigil” and it’s the longest running peace protest in the U.S. This one guy who just sits there for 12-55 hour shifts says ‘hi’ to people and educates them.

I went up to him and he told me about his life. First glance, you might think he was homeless, but not at all. He’s toured 91 countries, speaks eight languages, and opened for Bob Marley three times. His dreads were on the floor—it was pretty awesome. Obviously, if you’re across the White House, you’ve seen shit.

Last November, someone jumped the White House and he saw it. He was like, ‘Should I say anything?’ He’s seen some wild shit and has done it since he was our age. He volunteers and organizes other volunteers to come through. Again, you would’ve never known: don’t judge anybody by the way they look.

Hopefully, by the time we are deep into our adulthood, we won’t have any of those benchmarks anymore where [people] are like ‘she’s the *first* woman, the *first* Latina, the *first* Asian American.’ Everyone’s just doing their best and being who they want to be. My advice is, don’t buy into the labels so much, just do the work.

I plan on getting my Ph.D., and then hopefully, run for office by the time I’m 30. But you never know, in 10 years the world is going to be crazy. I’m not gonna be the first ‘nobody,’ which is great.

Just talking to different people I think [is] where I got most of my education. It’s not really in the classroom, even though that is important, but education is asking people about their experiences, what they do. It doesn’t have to be related to your career, it could just be story-telling. Make every day a learning experience.”

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*A tribute to lolo*

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MARCH 2016

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**CREATIVE LAB**

*Published on March 8, 2016 — [Leave a Comment](#)*

## **A tribute to lolo**

written by **The Athenian Print**



*Written by Hazel Anne Agustin, poem submission*



we do not dare call you grandfather,  
we do not dare call you grandpa.  
to belittle you with weightless english words  
is to forget the history of your hands  
and how you planted us here years and years ago,  
with isang peso still saved inside your pantalon  
and how the only word  
you needed translated was  
*trabajo*.

we do not dare call you out of your native tongue.  
your home today does not settle on foreign land,  
you brought Paniqui here with you,  
cooking with talong, sitaw, and ampalaya shamelessly  
in your favorite sando and worn-out chinelas  
its aroma's so strong  
that the scent of chicken adobo lingers for days.  
the kitchen was your home.  
the other rooms  
vacant, untouched spaces.

you planted seeds sa lupa that America had never touched  
and she accepted them graciously,  
letting you plant in her damp soil  
and birthing upo on sturdy stems.  
you taught her to say thank you in a different language.

your weary hands had assembled airplane parts by day  
and only asked for familiarity by night.  
and so you planted your garden  
and ate with your kamay,  
and peeled kalamansi,  
and hung your clothes out to dry,  
and sang Magic Sing!  
and washed rice over the sink  
with one hand clasping the bowl and the other

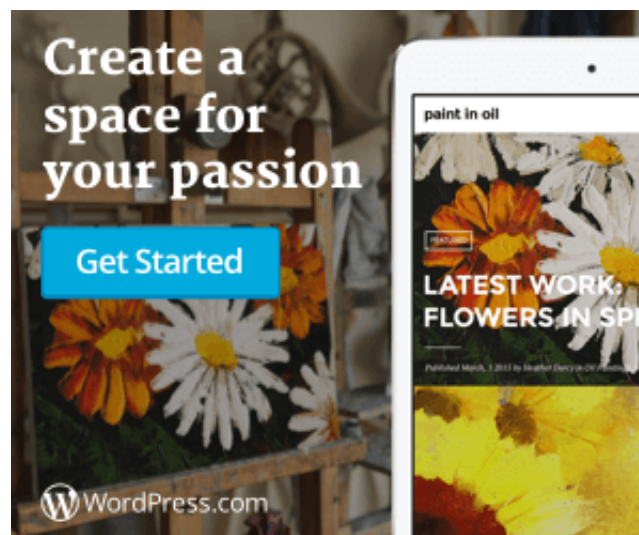
gracefully stirring four cups of culture back and forth  
just so we could remember  
that even people need to be planted  
in order for their flowers to show.

you wore your dilaw sumbrero from  
sunrise to sunset  
everyday for 40 years.  
the dried up bark, once the color of sweet pandesal,  
aged to match the color of your skin: pinoy.

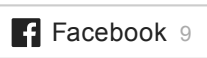
against our foreheads,  
your four frail fingers tucked beneath our own,  
we graciously ask mano po  
and we know that blood, your blood,  
runs through our veins.

we do not dare call you grandfather,  
we do not dare call you grandpa.  
we are your apos  
and you are  
etched into our minds  
*lolo.*

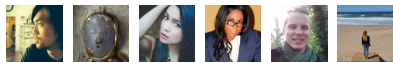
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**THIS ENTRY WAS POSTED IN:** Creative Lab

**TAGGED WITH:** creative, lolo, Poetry, student, tribute, writer, writing

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[Representación latina en la televisión](#)

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## MARCH 2016

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**ARTS & ENTERTAINMENT**

*Published on February 26, 2016 — [Leave a Comment](#)*

## **Representación latina en la televisión**

written by **The Athenian Print**

*Written by Beatriz Garay, Staff Writer*

Muchos de los programas de televisión siempre han sido dominados por actores y actrices de raza caucásica, o blanca. Por ejemplo, la mayoría de los nominados de los premios Oscar son blancos. Pero recientemente, se han producido más programas de televisión con actrices de origen latino.

“Jane the Virgin” es el programa que ha sido más reconocido por romper el statu quo, contratando a la Puertorriqueña, Gina Rodriguez como su protagonista. Aunque en el 2006, America Ferrera, quien es de origen Hondureño, fue contratada para ser la protagonista de un programa de televisión en inglés, no se le dio mucha atención porque en aquel tiempo, la gente no tenía el valor ni la educación suficiente para luchar por los derechos de igualdad de los hispanos.

El caso más reciente de un canal en inglés que ha contratado a una hispana para un papel protagónico es el programa “Shadowhunters: The Mortal Instruments” de ABC Family, que ha cambiado su nombre de canal a “Freeform.” La actriz Mexicana-Libanesa Emeraude Toubia también formó parte del video musical más reciente del cantante Prince Royce, “Culpa al Corazón,” extendiendo su presencia feminista en los medios de televisión.

Emeraude luciendo como “Izzy” en *Shadowhunters* a la izquierda, y en el video musical de Prince Royce a la derecha.

Una entrevista con Emeraude Toubia sobre su papel en “Shadowhunters” conducida por [Top Trending](#)



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**OPINION**

*Published on February 26, 2016 — [Leave a Comment](#)*

## **The A21 Campaign- Bodies Are Not Commodities**

written by **The Athenian Print**

*Written by Beatriz Garay, Staff Writer*

I began following the A21 campaign just a few months ago. In case you have never heard of this organization, here is their mission statement: “A21 exists to abolish injustice in the 21st century. We are a non-profit organization who believes that together, we can end human trafficking.”

Many people are blinded by all of the technological advances and discussions surrounding #LoveWins during the past few years and do not realize that slavery still exists in the 21st century. Not entirely in the form of forced labor work, but a more traumatizing one – human sex trafficking.

A21 was founded in order to bring awareness to the people of today’s world that human trafficking still occurs and is a form of “modern-day slavery”. Its website consists of an enormous amount of basic information that will help enlighten one’s mind about the true colors of human trafficking. The rest of this article will consist of my own synopsis and informational extracts of a curriculum that you can download (for free) from their website if you are interested in further educating yourself, or others, about the matter.

**BODIES ARE NOT COMMODITIES: An A21 Curriculum**

You may ask yourself, “Well, what is human trafficking?” I define human trafficking to be the illegal selling and purchasing of a person, male or female, for the purpose of sexual slavery or exploitation and/or forced labor. There are five main forms of modern-day slavery: Sex Trafficking, Forced Labor, Involuntary Domestic Servitude, Child Soldiers and Bonded Labor.

Before I continue, I would like to clarify a crucial point in understanding the realms of human trafficking. A victim will never voluntarily choose to be victimized. Often times, in cases of rape or trafficking, people

automatically assume that the victim did something to provoke or seduce the perpetrator, leading to his/her victimization and that they are at fault. The victim can never be blamed for what has occurred to him/her. Now, when thinking about victims, remember not to have an instantaneous negative bias toward them. The victim did not choose to be raped, the victim did not choose to be sold off to a stranger to become a sex slave. At least, not voluntarily.

Being familiar with vocabulary that coincides with human trafficking will make understanding it a lot easier. Here are a few of A21's select vocabulary words:

ABOLITIONIST – A person who takes action to abolish (end) slavery

COMMODITY – An economic good or product that can be bought and sold

HUMAN RIGHTS – Legal, social, and ethical principles of freedom for all human beings

INJUSTICE – Violation of the rights of a person; unfair act

LIBERTY – Freedom of choice from captivity

SLAVERY – The illegal trade of human beings, mainly for the purposes of forced labor and sex trafficking

Here are a series of questions to reflect on. Feel free to leave your responses and thoughts on ending human trafficking.

Is a victim of sex trafficking at fault?

Why don't authorities prioritize preventing human trafficking?

What actions can you take when/if you encounter a victim?

What do you believe are some methods traffickers use to coerce victims?

How effective are social medias when talking about this topic and trending hashtags like #LoveWins and #EndItMovement

How can we put an end to human trafficking?

\*For more information on specific campaign details check out this [link](#).



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**THE FACES OF THE MOUNT**

*Published on February 25, 2016 — Comments 3*

## **Tomorrow's female surgeons**

written by **The Athenian Print**



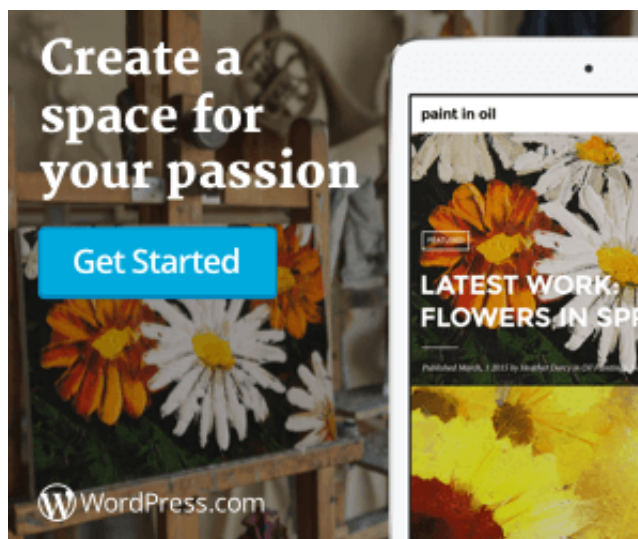
Student: Ashley  
Major: Biology

My advisor asked me, "What made you want to be in this major? Who inspired you?"

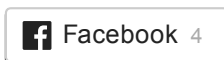
I was like, *I did*. Women aren't really focusing on this major. Where do you see women surgeons nowadays? You don't see that. Especially heart surgeons. I understand that it's really difficult and we don't get that much attention or support but I feel like all that matters is focusing on us. If we can do it, we can do it.

I had friends who were in the program but because it was tough, they quit. I'm [trying to] persuade younger people to be in the program. People find it very challenging so I wanted to take that challenge. I want to be a surgeon. This is my choice.

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**THIS ENTRY WAS POSTED IN:** The Faces of the Mount

**TAGGED WITH:** education, featured, inspired, medical, MSMU, surgeons, unstoppable, women

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**anatomyformedicalstudents**

*February 25, 2016*

So you wanna become a surgeon? Gr8 news..

★ Like

**Reply**

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**D.R.**

*February 25, 2016*

I'm a third year at the mount. Major is Biochemistry. I'm applying to medical school and perusing a career to be a Cardiothoracic Surgeon.

★ Liked by 1 person

**Reply**

---



**The Athenian Print**

*February 25, 2016*

We are so happy you can relate to other aspiring surgeons. We wish you all the best in your journey toward becoming a Cardiothoracic Surgeon.

★ Like

**Reply**

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**PREVIOUS POST**

*DocuDay LA needs you!*

**NEXT POST**

*The A21 Campaign- Bodies Are Not Commodities*

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**LOCAL**

*Published on February 23, 2016 — [Leave a Comment](#)*

## **DocuDay LA needs you!**

written by **The Athenian Print**



Written by Tamara Murga, Editor-in-Chief

What better city to live in if you're into trying films, trying new things, and freebies, than in Los Angeles?

The annual DocuDay LA is back this Saturday, February 27 at the Writers Guild of America Theater and they are looking for volunteers. The all-day event will screen this year's Oscar-nominated documentaries. Followed by each screening, filmmakers will be ready for a Q&A session.

Titles like *He Named me Malala*, *Amy* and *The Wolfpack* are among the many screened.

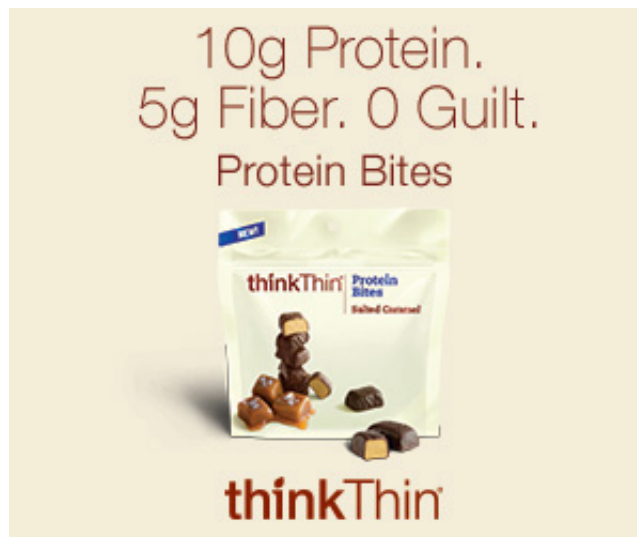
The International Documentary Association shares:

*DocuDay LA 2016 is a great opportunity to see this year's Oscar® nominated films and filmmakers. And volunteering at DocuDay is a great way to show your support of IDA and documentary filmmaking!*

If you're interested in volunteering and seeing some of this year's nominated docs for free, make sure to register and save the date.

(Anticipating any films this year? Share your comments below.)

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**TAGGED WITH:** documentaries, filmmakers, films, IDA, Los Angeles, nominated, Oscars, Writers Guild of America

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**MSMU**

*Published on February 23, 2016 — Comment 1*

## **A new way to BINGO**

written by **The Athenian Print**



B	I	N	G	O
Workout at Fitness Center	Attend a Group Exercise session	Attend Sports & Wellness Event	Workout at Fitness Center	Fitness Center Challenge of the Week
Attend a Group Exercise session	Workout at Fitness Center	Workout at Fitness Center	Fitness Center Challenge of the Week	Workout at Fitness Center
Workout at Fitness Center	Workout at Fitness Center	<b>FREE</b>  <b>Mount Saint Mary's University</b> <b>LOS ANGELES</b> Sports & Wellness	Workout at Fitness Center <b>FREE</b> <b>TB</b> <b>10/20/2021</b>	Attend a Group Exercise session
Workout at Fitness Center	Fitness Center Challenge of the Week	Workout at Fitness Center	Attend a Group Exercise session	Workout at Fitness Center
Fitness Center Challenge of the Week	Workout at Fitness Center	Attend a Group Exercise session	Workout at Fitness Center	Workout at Fitness Center

*Written by Liz Charre, Staff Writer*

Remember the positive phrases around the mirrors of the school's bathrooms a couple weeks ago? How about the post-it notes where you wrote what you love about your body? Well, that is all part of the Sports and Wellness new BINGO incentive program that recently started this month.

Many remember last year's ACTIVATE cards where the person with the most stamps at the end of the month wins a prize. This time, it's not only about working out. It's about meeting new people and making a difference in the world.

You can receive a BINGO card at the start of every month. It has four different activities students, faculty, staff, and alumni can participate in. Among them are, circuit training, yoga, Zumba, hip-hop, cycling, and a fun glow in the dark volleyball game.

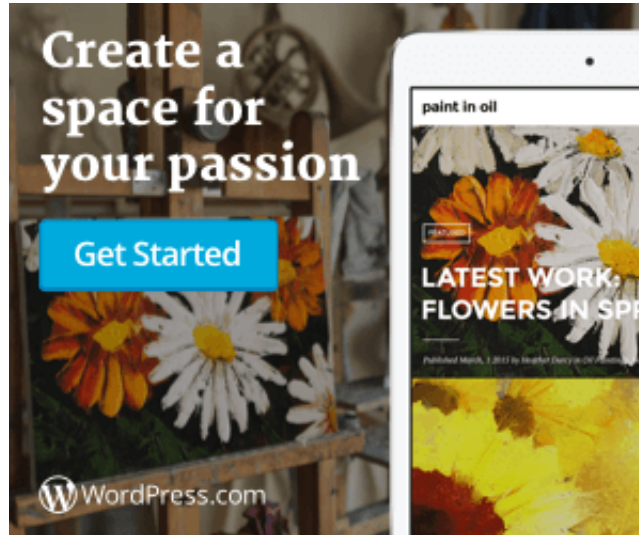


*Visit your Sports and Wellness Department for details.*

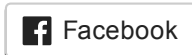
The BINGO card also includes the usual way to earn a stamp, with a workout in the gym and the Challenge of the Week. Overall, participants of this new incentive program have the opportunity to receive up to three stamps in one day. At the end of the month, those who turn in the card with five stamps in a row will automatically enter a drawing to win a prize. If the entire card is filled out, it will appear as a blackout and an automatic prize will be awarded. The winner will win from a variety of items.

Though this month's BINGO began in February, it's not too late to start. BINGO cards are distributed on both campuses and all are welcome to participate. Thus, get out and get fit and try out the new BINGO program.

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**THIS ENTRY WAS POSTED IN:** MSMU

**TAGGED WITH:** bingo, fitness, health, MSMU, Sports, unstoppable, wellness

## 1 Comment



**Fatima**

March 18, 2016

great site huge fan of bingo from Holland





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REVIEWS

*Published on February 23, 2016 — [Leave a Comment](#)*

## Enough with the cheap jump scares

written by **The Athenian Print**





*Written by Brenda Ortiz, Staff Writer*

I'm going to admit I went into this fully expecting to dislike it.

There's just something about the creepy doll horror subgenre that I never liked. For me, creepy dolls have just never fallen into the two most interesting aspects of horror: the Uncanny Valley (we always know the doll, the obvious villain, is not like us) and body horror. There isn't much that can be done with this horror staple that hasn't already been done. While most horror films seem to suffer from some level of predictability, creepy doll stories have a formula that is often ubiquitous, so when I first watched the trailer to *The Boy*, I rolled my eyes, telling myself I knew exactly where it was going. Unfortunately, I wasn't completely wrong.

One of the biggest problems with the movie reveals itself almost immediately: *The Boy* is filled to brim with horror cliches. Less than ten minutes in and I could already count them: the old, isolated house, the weird parents, the doll, the fish-out-of-water character, the British... it just goes on. We're introduced to Greta (Lauren Cohan), a young woman from Montana who has traveled all the way to the UK for a temporary nanny job with the Heelshire family. She meets Malcolm (Rupert Evans), the family grocer and forced romantic, who does a little more than conveniently provide exposition. The elderly Heelshires (Jim Norton and Diana Hardcastle) are presented as intimidating, hard-nosed, but devoted parents to their son Brahm, who Greta soon learns is actually a porcelain doll.

Throughout the first part of the film, Greta expresses her confusion and revulsion of Brahms and his parents' rigid daily routines. After the Heelshire's leave, Greta is left alone to care for Brahms and immediately gives up the charade, expressing her unease at the doll. As she goes about her day, her clothes start to go missing. Strange, but predictable events occur, and she discovers that Brahms might not be as inanimate as she thinks.

While this first part is rather quiet and slow-paced, the second half is an absolutely chaotic, rushed mess. Whatever atmosphere and characterization the first forty minutes tried to establish were quickly forgotten. The character's decisions were seemingly unmotivated or unfitting to what we know about them. Aside from the shoehorned romantic subplot, nothing tells us who these people are. A character is introduced less than twenty minutes before the end, and before I even learned a thing about him I knew what was about to happen.

The Boy provides few scares, and apart from one admittedly creepy scene where Greta walks in on Brahms sitting perfectly in bed, the ones we do get are mostly cheap jump scares. The film seems to actively try against getting our growing number of questions answered, instead giving us twist after twist, ending with one so convoluted, even M. Night Shyamalan would cringe. Perhaps the greatest let down of the film is its earnest attempts at setting the mood, which would have added a level of tragedy for the parents and made for some good psychological horror, but instead chose to shock the audience and take the easy way out. Altogether an unsatisfying ending to an entirely unsatisfying movie.

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**MSMU**

*Published on February 22, 2016 — Comments 2*

## **What do you think of when you hear the word queen?**

written by **The Athenian Print**



*Written by Jessica Flores, Treasurer*

What do you think of when you hear the word *queen*?

On February 20, the African American Council of Women enlightened their guests for their third Annual Variety Show and redefined the term Queen from an African American women's point of view. With a touch of comedy and tears of passion, it is safe to say that the show was once again, an amazing turnout.

Guests were welcomed with traditional soul food and portraits of Queens surrounding the campus center: Misty Copeland, Toni Morrison, Coretta Scott King, and Ava DuVernay, to name a few.



*"Before you can change the world, change yourself."*

Before the show began, student Amber Holt initiated the Black National Anthem.

The story opened with the two narrators, students Sidney Williams and Cierra Black, who played a mother and daughter. The daughter expressed how confused she was by the term queen and of all the black women historical figures that are not taught in schools. Her mother began to teach her about a few people who played a vital role in black history.

The performances consisted of songs, student-written poems, a Shirley Chisholm monologue, an African dance, a Black Panthers and Black Lives Matter presentation, and a documentary filmed by a student which all portrayed the core of the African American woman—all in different forms of art.

Alicia Frison, a UCLA student and friend of AACW, performed a self-written speech in the shoes of Shirley Chisholm- the first black woman elected to the U.S. Senate who represented New York. "Don't you ever let the phrase unconstitutional fear you. We must fight for everyone in this room. From today and for on, as long as we fight, we will be unbought and unbossed," she said during her speech—raising her hand fearlessly.

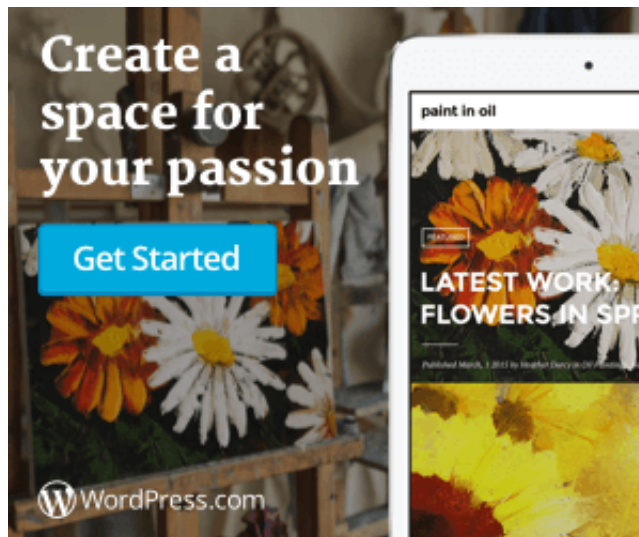
Alicia felt "very enraged" during her speech. "I was really in tune [with] what is going on today. I had to put [myself] in [Shirley's] shoes. It was hard."

Among the many performances, one that brought guests to tears (including myself) was the Black Lives Matter presentation. Sydnei Jones, president of AACW, sang Sam Cooke's "A Change Is Gonna Come," projecting a very soft and soothing voice. Student On'Jonet Williams performed her powerful poem "I Don't Care If People Die," accompanied by footage showing daunting images of oppressed black people. On'Jonet's poem focused on the unconcerned attitude society has of people dying. It was emotional to watch, yet refreshing as Sydnei sang the lyrics "It's been a long time coming but I know a change is gonna come"

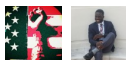
repeatedly.

Sydnei's guests left the show believing, "Before you can change the world, change yourself." Now let me ask you this: how will you change the world? Leave comments below.

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**THIS ENTRY WAS POSTED IN:** MSMU

**TAGGED WITH:** AACW, african american, Ava DuVerynay, black history, Coretta Scott King, Misty Copeland, MSMU, queen, Toni Morrison

## 2 Comments



**Auggie**  
February 22, 2016

Dope!

★ Liked by [1 person](#)

Reply



**The Athenian Print**  
February 22, 2016

Thank you for checking out the post!

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*Mothers know best*

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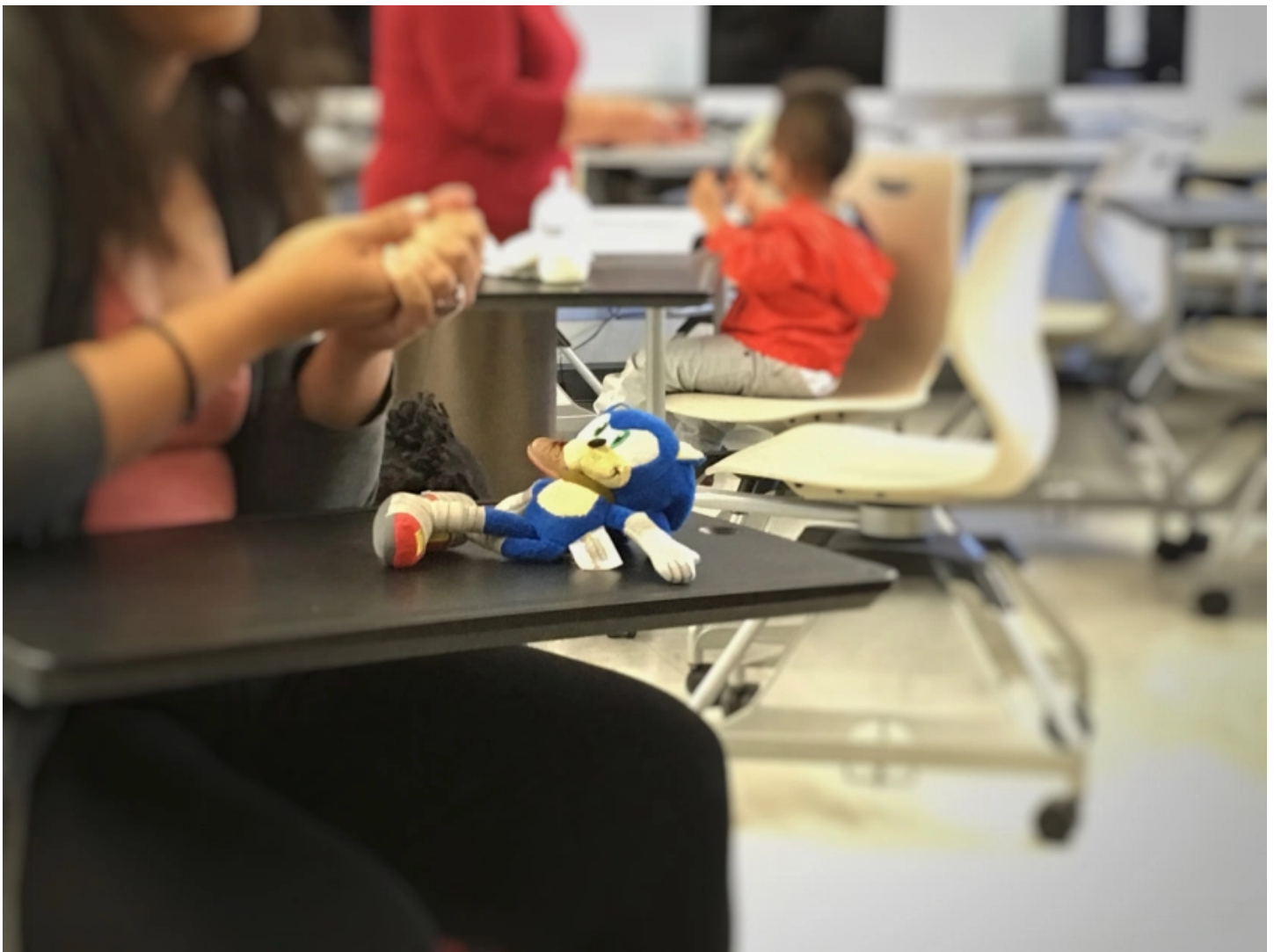
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**THE FACES OF THE MOUNT**

*Published on February 22, 2016 — Comment 1*

## **Mothers know best**

written by **The Athenian Print**





Student: Maria

Major: American Studies & Art major

GIS & Ethnic Studies minor

“When I graduated in 2006, I was living this really played out idea of what a South LA girl looked like. I did a lot of unhealthy things and made plenty of mistakes. All of these things, they weren’t in alignment with my soul and I pushed myself back to a better place. That push was having my sons. I couldn’t bullshit anymore. I couldn’t slack off like I used to. I had people to care for. My whole sense of identity changed the moment I became a mother.

I started off as a Weekend College student, but things began to change for me, personally, during the first two semesters and that’s when I decided to transition into Traditional College. My sons’ father is not in their lives and I suppose not having any guides about how to raise boys in a patriarchal world as a single mother prompted me to look to educational sources for help. Even though their dad isn’t around, I was the one who chose to have children and I needed to be the responsible parent.



*Maria (left) with her mother and two children share a bit on their ancestry: Mexican indigenous, Choctaw, Mikmaq, French Creole(Louisiana), and Spanish.*

To some people it may seem backwards, choosing to be a full-time student while raising two boys, but I needed it. I wanted me being in school to inspire my sons as they grow older; I wanted this version of me to be what inspired them to go to school. My eldest son, Nathan, is 6, and my youngest son, Evan, is 4. Right now, I’m teaching them Spanish and French. It’s important for them to know their history and where their parents come from. They need to know the history of their ancestors.

As privileged, brown boys, there will always be political and social issues working against them. So

I want them to be able to navigate the world confidently. I want them to follow their hearts and explore what’s before them. I mean, that confidence is what lead me here. I have help from my mom and I’m very lucky to have that. But this is what I chose to be and no matter what happens, it’s very rewarding to be a mother and a student. I have a sense of ambition that I never thought I would have.



My boys, they are my real inspiration. I wake up, see them smiling and I know I'm on the right track."

*Maria would also like to give thanks to Mount Saint Mary's University and her friends for offering her the emotional assistance and guidance throughout the past few years. She is indebted to your support.*

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In "MSMU"

**THIS ENTRY WAS POSTED IN:** The Faces of the Mount

**TAGGED WITH:** faces of the mount, mother, sons, student

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## 1 Comment



Ashley Elle

February 22, 2016

You go Maria! I'm so happy for you to say the least! You're such an inspiration. You're definitely on the right track with the right mindset. I honestly believe you change your mind, you change your life. Keep going, you're doing great! 🙌

★ Liked by 1 person

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*Contrary to Popular Belief*

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*What do you think of when you hear the word queen?*

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**CREATIVE LAB**

*Published on February 19, 2016 — [Leave a Comment](#)*

## **Contrary to Popular Belief**

written by **The Athenian Print**



*Written by Ajeé Anderson, poem submission*

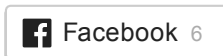
Contrary to popular belief,  
Black History month isn't for  
Black people.  
No, it's for everyone to get a taste of  
What we already know.  
A tidbit of information on  
Every slave that was brought  
Here against their will,

Of every moment our people had the whip at their back and rope around their neck,  
Of every slave revolt against our oppressors,  
Of every runaway slave from bondage,  
Of every law passed for our inalienable rights,  
Of every movement for our beauty, lives, and dignity.  
Black History Month is to show this and more.  
Which is why I say Black History isn't for us,  
We already know our history, it's in our DNA;  
We honor it every day.  
This is for the masses, so join us in the celebration of  
Black History Month.

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**CREATIVE LAB**

*Published on February 18, 2016 — [Leave a Comment](#)*

## **Why are you here?**

written by **The Athenian Print**





*Written by Anonymous*

\*Poem submitted by an anonymous student

Today I left my insecurities in the shower  
My tears traveled through my heart  
With rage, I almost fell apart  
Why are you here?

Time felt infinite  
as I knelt down with scorching water flowing on my back  
naked, my face covered in black

Why are you here?

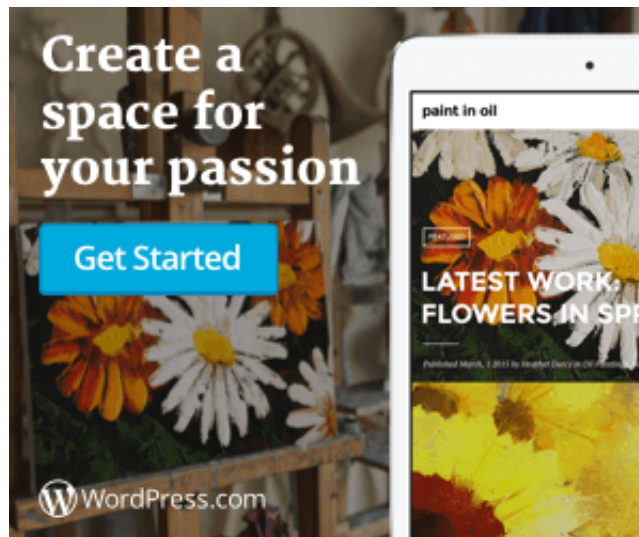
You kneeled with me and grabbed my hand

Together we faced my fear

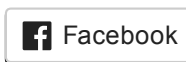
It suddenly became clear

Why you are here.

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**THIS ENTRY WAS POSTED IN:** Creative Lab

**TAGGED WITH:** Creative Lab, express yourself, poems, Poetry, students

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MSMU

*Published on January 28, 2016 — [Leave a Comment](#)*

## **Roberts on, “If you put a girl in a school you can save a country”**

written by **The Athenian Print**



*Written by Kimberly Quitzon, Vice President*

Emmy Award-winning political commentator and “Living Legend” Cokie Roberts visited MSMU’s Chalon campus to share some words of inspiration, in celebration of the institutes 90th year.





*Cokie Roberts gives speech at MSMU.*

“If you educate a girl, put a girl in school, you can save a country,” Roberts said. The New York Times best-selling author invited the audience to remember some of history’s women in leadership including MSMU’s very own, Sisters of St. Joseph of Carondelet.

Women like Frances Cabrini, Catherine Beecher, and others fought for women’s right to education. Although she commemorated the work of the founders, she also highlighted the efforts we see today.

She acknowledged some of the Mount’s most inspiring work toward women empowerment. “Everything follows after education,” Roberts said, “that’s why what you do within Women’s Leadership and the Status of Women Report is important.”

After her speech, the audience had the opportunity to ask a variety of questions. Among them, student Jessica Lopez asked Roberts what she would tell the Hispanic millennial generation in regards to voting. She answered, “The Latino/Hispanic community has to vote. Tell stories of people who have been killed for the right to vote.”

Lastly, Roberts left MSMU students with a mission:

First, to simply vote. “It couldn’t be a worst time not to vote,” she said.

Second, to run. “Run for office, for CEO, for the Olympics, get your art in the Getty, [do] like the sisters of Saint Joseph did and you’ll be unstoppable.”



*Audience gives standing ovation at the end of her speech.*

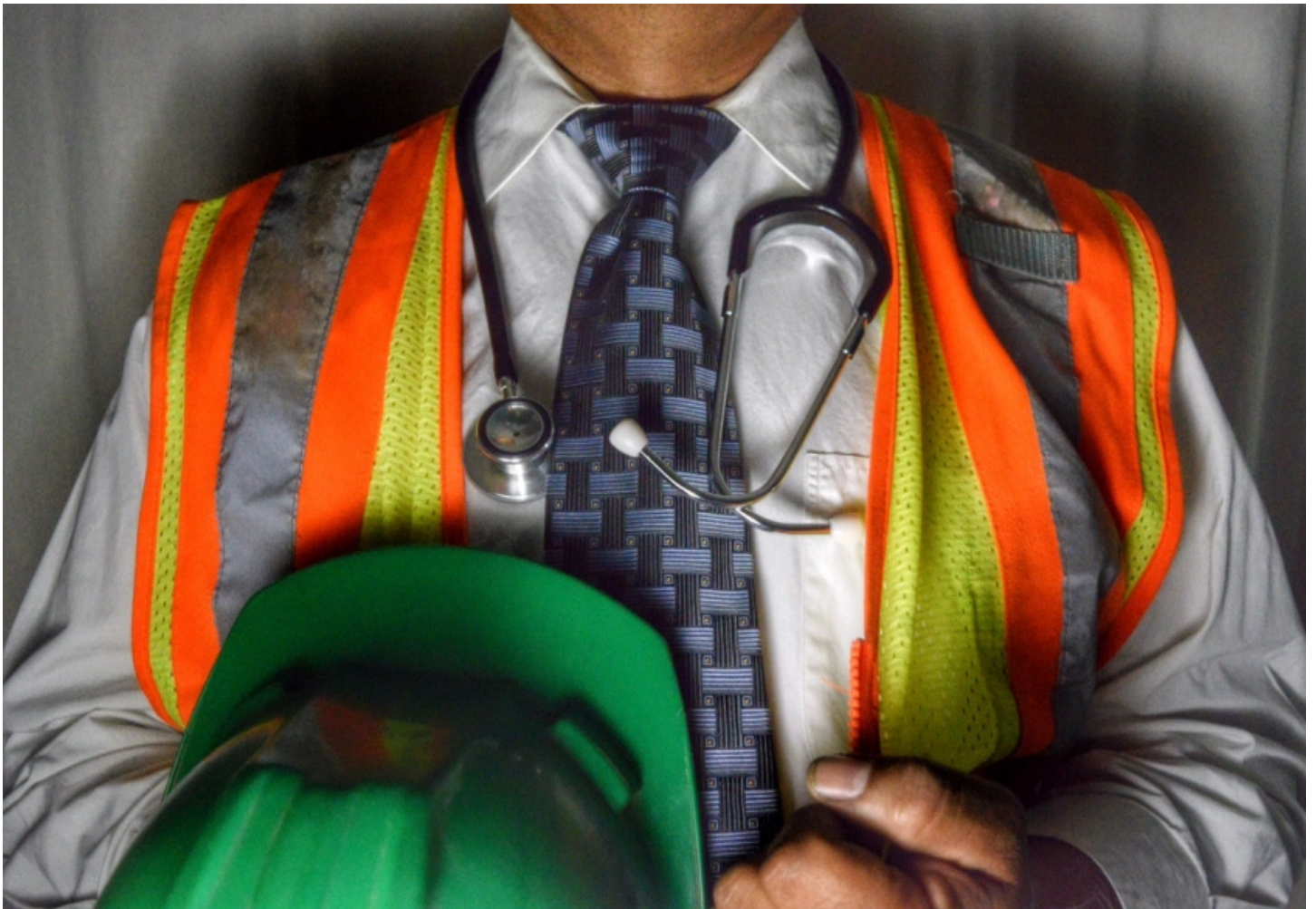
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**FOREIGN-TRAINED**

*Published on December 13, 2015 — [Leave a Comment](#)*

## **Foreign-Trained Final Piece**

written by **The Athenian Print**



*Foreign-Trained, The Circle Series*

For our conclusion of this series, I created a feature story in a magazine-style format. This feature piece opens

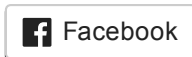
with the story of a former gynecologist doctor from Guatemala. Click on [ForeignTrained](#), underneath my blue collar to learn about his journey and more on the foreign-trained topic.

Thank you to all my readers and I hope I shed some light on this topic clearly and concisely. Feel free to share your thoughts and comments below.

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**THIS ENTRY WAS POSTED IN:** Foreign-trained

**TAGGED WITH:** doctors, engineers, foreign trained, lawyers, nations, professionals, U.S.



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**WOMEN'S ISSUES**

*Published on December 13, 2015 — [Leave a Comment](#)*

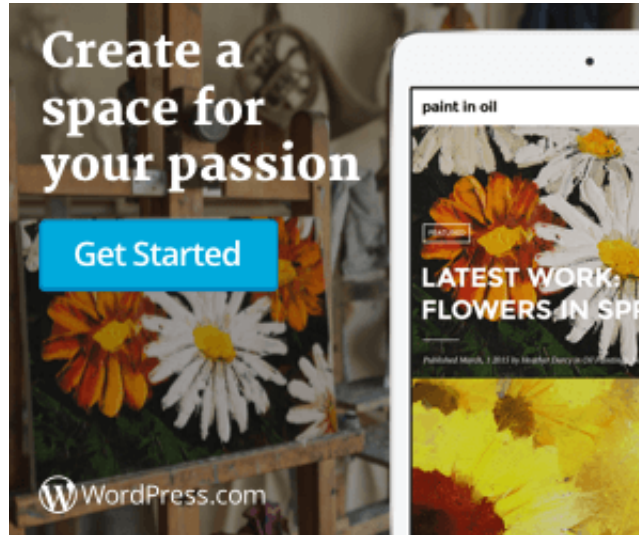
## **Women's Issues Final Piece**

written by **The Athenian Print**



Women have gone through an amazing journey to get where they are. Although many face obstacles from birth they continue to push past barriers and improve the lives of the women who follow. In my final piece for The Circle, I share with you a journey of [The American Woman](#).

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## PREVIOUS POST

[Gentrification Final Piece](#)

## NEXT POST

[Foreign-Trained Final Piece](#)

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**GENTRIFICATION**

*Published on December 13, 2015 — [Leave a Comment](#)*

## **Gentrification Final Piece**

written by **The Athenian Print**



This semester has been a roller coaster of trying to find what I cared for. When I came across the topic of gentrification, it home. I realized that there are many views on the topic, but I wanted to tell my story and

share what caught my attention, especially as a first hand witness to the changes in Echo Park.

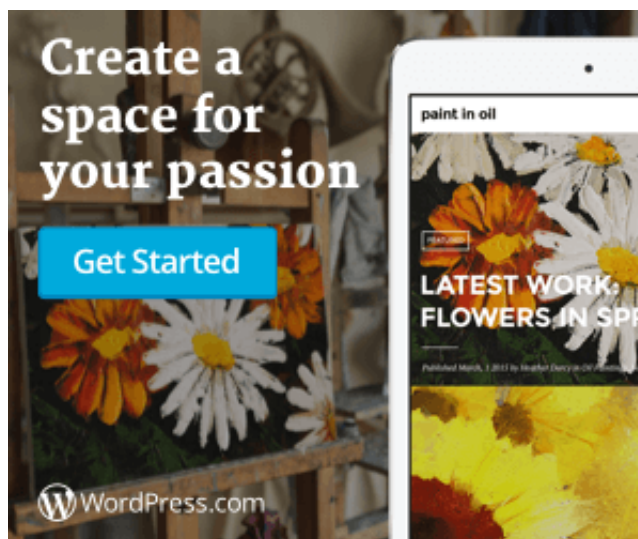
With much research and reading of articles, gentrification is a global issue. The term has been dated back to 1964 to British sociologist Ruth Glass and has stuck ever since. Glass noticed a change in her community, to which I relate to the changes in Echo Park.

I have learned that things will happen regardless, so I have to learn to accept what will be, but I can work to steer the change in a way that positively affects the community involved. Again, there are mixed emotions and strong opinions, mine included, on whether or no gentrification is good or bad, so please feel free to think what you wish. My hopes is that this topic has brought awareness to others on what is going on in the world which may be affecting someone you know. Let's all work together in keeping our sense of community alive and have social justice as our goal when doing so.

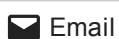
I also realized and came to understand that change is inevitable. Unfortunately life rolls that way and we can either accept it and continue on or dwell on what was.

\*Featured Image From L.A. Times

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*Published on December 11, 2015 — [Leave a Comment](#)*

## President's Note

written by **The Athenian Print**



### *President's Note*

I would like to take this time to thank all readers this past semester. We, at The Athenian Print, have worked hard to keep your interests satisfied when choosing and writing stories. As the semester comes to an end, we

would like to wish all Athenians and faculty a successful end of finals week and great Winter break.

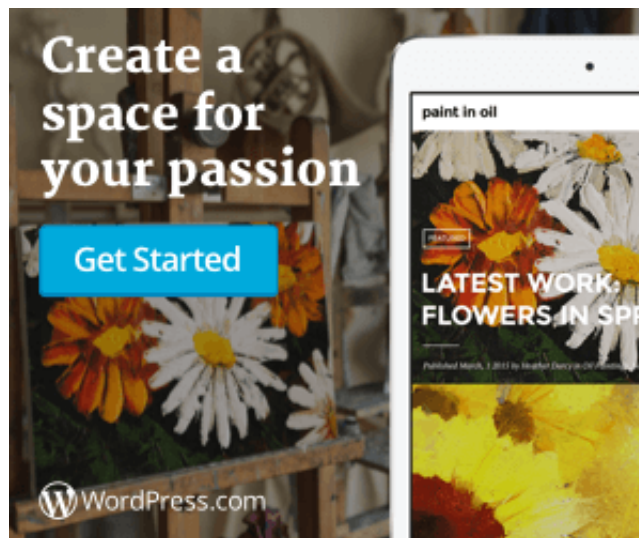
Though we will be heading on our Christmas break, our postings will continue. Keep an eye out for new articles along with social media postings. Stay tuned for next semester, as we will continue to cover several events on and off campus, including our biannual Word of Mouth event. Thank you, once again for your support and dedication to the blog.

Happy Holidays and Warm Wishes,

Sincerely,

Cindy Carrillo, *President of The Athenian Print*

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**MSMU**

*Published on December 3, 2015 — [Leave a Comment](#)*

## **How will you pass your finals?**

written by **The Athenian Print**



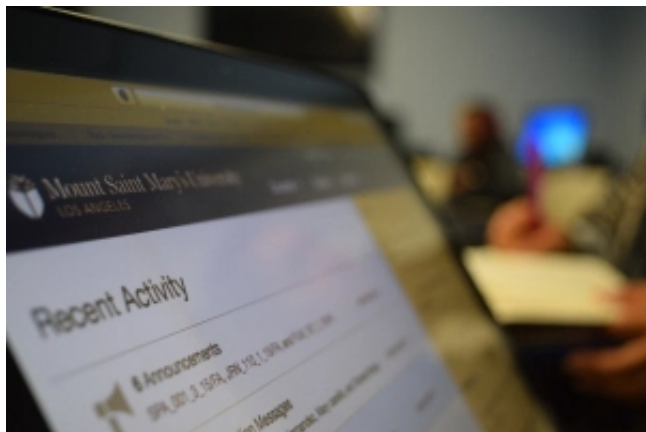
*Written by The Athenian Print*

Upon finishing the Fall 2015 semester, the circle begins to sound quieter, library seats start to fill, and coffee cups are being topped off in the cafe. It's crunch time for students at the Mount. Here are what Athenians

recommend preparing during finals week(s):

“I make flashcards and quiz myself. I handwrite study guides.” -Melia Person, Sophomore. She also recommends to de-stress in between studying. Melia suggests pampering yourself by creating a mini spa, doing your nails and face masks.

“Study as early as you can, especially if you have papers to write, so you will have a lot of less work and stress at the end of the school year.” -Naomi Sumler, Junior



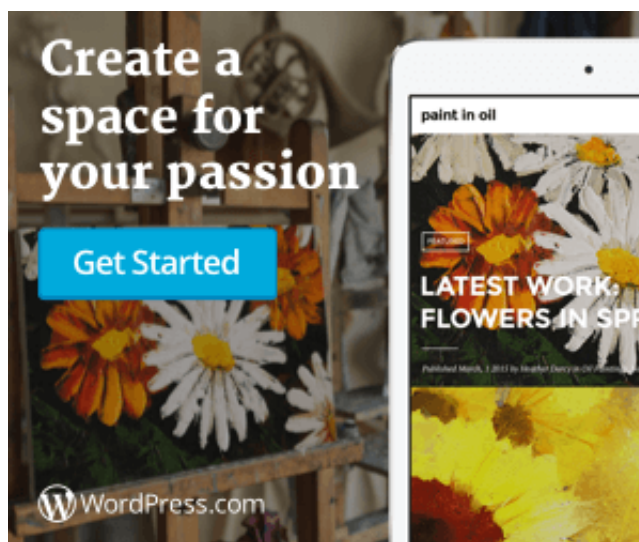
“Follow the study guide, if given. Take breaks in between and make sure to eat breakfast.” -Heather Fuentes, Senior

“I turn off everything and I put on calming, relaxing music.”- Brianna Mendez, Sophomore

“Use flashcards, if needed. If professors provide a study guide, use it wisely. Study, highlight, and test yourself out loud.” -Anali Flores, Senior

If you have other methods, tips, and tricks feel free to let us know below in the comment section or tag us on Instagram and Twitter. Good luck, Athenians!

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## PREVIOUS POST

*Keuchel and Arrieta your 2015 CY Young Award Winners*

## NEXT POST

*President's Note*

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## DECEMBER 2015

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## ARCHIVES

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**SPORTS**

*Published on November 22, 2015 — [Leave a Comment](#)*

## **Keuchel and Arrieta your 2015 CY Young Award Winners**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

With the offseason starting, several trades, awards, and winners have already been announced. However, this past Wednesday was a significant day for baseball starters as the CY Young Awards were announced. CY Young awards are given to the best pitchers in the MLB that have shown dominance throughout the entire season. This year's CY Young Award winners are Houston Astros' Dallas Keuchel and Chicago Cubs' Jake Arrieta. Both of these pitchers showed great leadership, dominance, and strength throughout the 2015 season and postseason.

Dallas Keuchel is the third Astros pitcher in franchise history to win the Cy Young award. The last pitcher to win it for the team was Roger Clemens in 2004. As for the Chicago Cubs, Arrieta becomes the fifth pitcher in their organization to take home the Cy Young Award. Given their strong performances throughout the season, there is no doubt that it was a close call, especially for Jake Arrieta.

Going against both Dodgers' starting pitchers Greinke and Kershaw, it was really down for the wire. Everyone expected Zack Greinke to take home this award because of his low era, win-to-lose ratio, and whip percentage was remarkable. However, toward the end of the season it was Arrieta who showed extreme dominance posting a 0.41 era and going 11-0 in 12 starts. His performance was historically great.

As both of these pitchers enjoy their awards, fans are turning to social media to express their reactions towards the votes and outcome. Based on your opinion who did you think should have won the CY Young Award? Were the votes accurate? Who did you expect to win? Did the committee get it right? Comment below



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**SPORTS**

*Published on November 16, 2015 — [Leave a Comment](#)*

## **The unbelievable Ronda Rousey loses by knockout**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

It's always exciting to see Ronda Rousey inside the UFC ring because of how dominant she is in defeating her opponents. However, Saturday was a completely different story. As undefeated champs, both Holly Holms and Ronda Rousey made the match even more enjoyable to watch.

Unfortunately for all you Ronda Rousey fans, it was one for the books. The ultimate champion was knocked out cold in the second round by Holly Holms. Everybody was on their feet in Melbourne as they all witnessed one UFC's greatest female competitors knockout, not to mention her first ever. Also, there has been only one other fight that Rousey fought past the first round and that was back in December 2013 where it exceeded to round three.

Before the fight commenced, competitors went over the rules of play and Rousey walked away soon after, without ever touching gloves with Holms. The first round was almost even, but with more punches and landings thrown by Holms, the judges favored her. Rousey, bleeding through her nose and jaws, was wobbling into the second round. With only 59 seconds into the second round, Rousey was knocked out with a few counter punches and a kick to the head. From there the referee signaled enough and Holms was pronounced the winner of the match. Rousey was instantly taken to a local hospital and was kept overnight for observations. She suffered a lip rip that needed to be sewn up and was checked for any concussion symptoms. Overall, from what her agents have addressed, Rousey is definitely seeking a rematch.

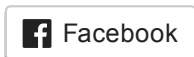
After medical attention, the UFC competitor is left with some things to consider, her bad sportsmanship, not

playing her best match, being knocked out, and not being aware of her opponent's strengths. As of now she has not made a statement about Saturday's match, but potential fans are definitely wondering what will be next for the 11th-time champion.

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## PREVIOUS POST

*BUNCH magazine editor on why "She who dares wins"*

## NEXT POST

*Keuchel and Arrieta your 2015 CY Young Award Winners*



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**ARTS & ENTERTAINMENT**

*Published on November 13, 2015 — [Leave a Comment](#)*

## **BUNCH magazine editor on why “She who dares wins”**

written by **The Athenian Print**



*Written by Jessica Flores, Treasurer*

“She who dares wins,” is how Lizzy Okoro lives her daily life. With that being one of her favorite quotes at the moment, and her bio on Instagram, you could imagine what kind of woman she is.

I had the opportunity to talk to Lizzy over coffee and the loud background noise at Starbucks about everything: childhood memories, inspirational quotes, relationships with parents, creatives, and career changes.

The L.A. native grew up in the valley. As a child, she was always ambitious. She was very entrepreneur-minded and was always thinking of ways to become rich. “I recruited my friends into selling trading cards and I would

get a cut from everything that they sold,” she reminisced, laughing at herself. “I was such a weird kid. I think that I’m actually more child-like now.”

She attended UC Berkeley as a pre-law major. However, she realized her sophomore year that being a lawyer is something she didn’t have a passion for. Being already fully committed to it, she decided to double-major in something that included mass communications, media studies, and sociology altogether: interdisciplinary studies.

“I had known for 3 years that I didn’t want to do it, but I never told my parents. Finally, I told my mom and she was really disappointed. She didn’t really understand why I had changed my mind and not told them,” Okoro said.

Especially as a child of an immigrant parent, she said it was hard for her because she felt like she would disappoint them. “My dad responded much better than I thought he would but he still to this day is like, ‘law school!’ but my parents really support me. They’re like, ‘even if it’s not our vision for you, we know that at the end of the day you’re gonna pull through’ so I feel very lucky to have them,” Okoro said. Now they’re her biggest fans and even pass out her business cards to family and friends.

During her time in New York studying at Parsons The New School for Design for graduate school, she met a lot of people who inspired her. The type of people who were creative and ambitious. She was introduced to many jobs she had never heard of, one of them being an art restorer. An art restorer is someone who paints over artwork to restore them from fading or destruction due to natural disasters, she said. She met one of the top art restorers in the world through a friend and was fascinated by the idea of an artist who isn’t starving. Because people usually think of artists as “starving artists,” she wanted to tell the other side of the story.

With a full-time job and attending graduate school, she studied other magazines to get an insight on what it takes to create one. Forbes, Entrepreneur Magazine, and Fast Company are just a few to name. Then, BUNCH Magazine was created—effortlessly and daringly.



*Lizzy Okoro, Founder/ Editor-in-Chief of  
BUNCH magazine.*

“There was a movement happening where people were getting back to wanting to touch and feel and hold a magazine, and things feeling important if it was a magazine form. So I was like, yeah! Let’s go, let’s do it,” she

said. “I probably should’ve thought about it a whole lot more but I really didn’t. I was kind of like, how do you start a magazine? Literally googled it and just started that way.”

As the Editor-in-Chief of the magazine, she has faced a couple challenges that have pushed her to dare fearlessly. As a woman, she constantly battles with the thought of asking for something she deserves, she said. She has learned that it is more difficult for women to ask for things, such as ad sales because women often feel like they are bothering people.

“That’s a huge issue that I’m really trying to overcome and it may be a self-imposed one. Honestly, in terms of the industry right now I feel like women are really kickin’ ass and taking the game,” Okoro said.

Being a woman of color has also triggered surprising reactions. “It’s hard to tell exactly, but people assume that I am something else. So when I show up on set, you can kind of see on their faces,” she said. People assume she has another title and often ask her how she started writing for the magazine. Once she says she’s the founder/editor-in-chief, “they are really more mystified,” she said.

No matter what challenges she faces, she always goes back to her motto: “She who dares wins.”

“You can either ask or not ask. The thing is when you don’t ask, the answer is always going to be no. When you don’t try, the answer is always going to be no—that you failed. I never really believe that you’ve failed if you’ve tried. I’ve only failed when I haven’t tried.”

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**MSMU**

*Published on November 12, 2015 — [Leave a Comment](#)*

## **Word of Mouth 2015: what inspires you?**

written by **The Athenian Print**



*Written by The Athenian Print*

Student Affairs and The Athenian Print held another successful Word of Mouth event. With a beautiful sunset and city lights, students came out to express their thoughts on a diverse set of topics. They were welcomed



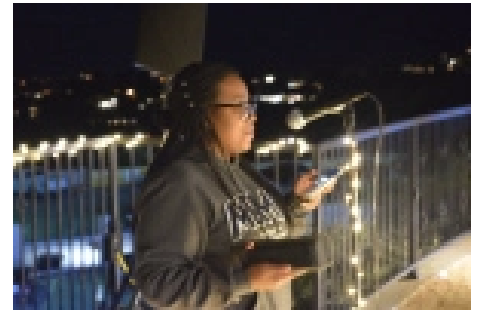
with Lauryn Hill music playing in the background, hot chocolate and coffee, churros, and inspirational words written on wrinkled pages. The question of the night: *What inspires you?*



*Keywords to set the mood.*



*Shared Natalie Patterson's 10 Things Every Female Should Know*



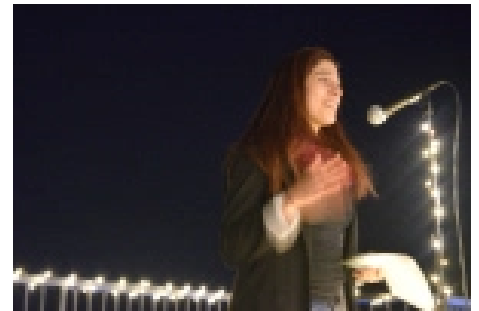
*Courage to sing in front of crowd.*



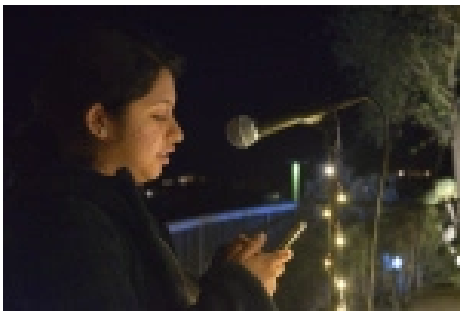
*"What inspires you?"*



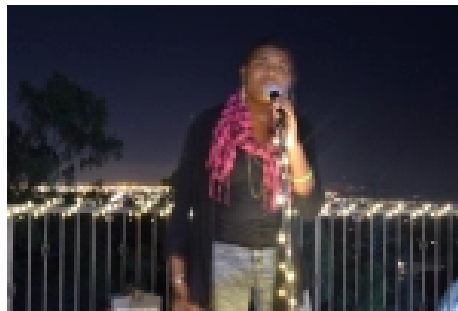
*Comedic performance gets the crowd laughing.*



*Monologue from Girl Rising*



*Shares raw thoughts with audience.*



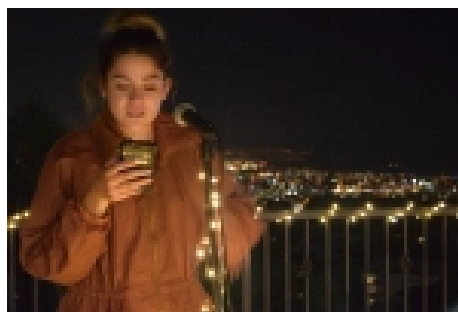
*Reciting her favorite, Paper People*



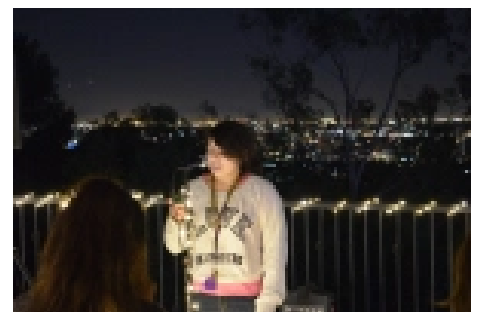
*Deep thoughts on #blacklivesmatter*



*Student thinking right before improvising a song.*



*Recited poem about love and heartbreak.*



*Decided to go up and recite a poem despite being sick.*

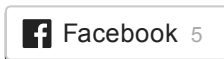
Many had a piece prepared for the night, but after a couple performances, sips of coffee, and analyzing the question of the night, a handful of students built up the courage to go up and sing a song, recite a poem, and simply speak their mind.

The power of expression through words is everlasting and we are happy to have had provided a platform and night to get together. On behalf of The Athenian Print, we thank Student Affairs, the Chalon Cafe, and all students who came out and supported the event. If you would like to participate for next semester's Word of Mouth event, feel free to contact us.

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**TAGGED WITH:** Expression, LA, monologue, MSMU, MSMUnstoppable, open mic, Poetry, songs, Word of Mouth





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**SPORTS**

*Published on November 11, 2015 — [Leave a Comment](#)*

## **Kobe's farewell**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

As the NBA season kicked off about two weeks ago, the Lakers have had a very slow start. They won their first game out of six against the Brooklyn Nets this past Friday night. Sunday was another tough loss as the Lakers faced the New York Knicks and Kobe Bryant's farewell from Madison Square Gardens. As the slow start continues for the Lakers, could this be Kobe Bryant's final season? Is Kobe really giving up 19 seasons with the Lakers?

"If this is the last time, I'm fine with that and I feel at peace with that," stated the 5-time NBA champion in regards to Brooklyn fans' tributes to him. As the Lakers continue their season on the road, they will face Miami on Tuesday and Orlando on Wednesday.

Kobe will not start against Miami as by stated Byron Scott. "It was a last minute decision."

As the Lakers continue their unsuccessful season many fans are concerned whether or not this might actually be Kobe's last season. "If it is his last season I want to see him play" stated Sebastian Martinez. "I have never gone to a Laker game therefore if I am able to I would definitely go to a game this season to watch one of the best players in the game leave it all out on the court one final time." As the season continues to progress, fans all over the country are supporting the black mamba if he decides to call it quits by the end of this year.

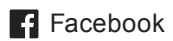
Former Laker coach Phil Jackson does think that it is Kobe's last season, however. He believes that Kobe still has enough energy to continue his basketball career but perhaps with a different team. Although Kobe indicated that he would be a Laker for life if a new contract appears would he switch out of the purple and

gold? Will the Knicks offer him a contract next season? It will all depend on the 37-year-old Kobe who will decide what will come next for him. Will he retire as a Laker? Will his contract be extended? Will he receive a better offer from a different team? All these questions will most likely get answered by the end of the season. All fans can really do at this point is enjoy the season.

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**MSMU**

*Published on November 11, 2015 — [Leave a Comment](#)*

## **Reminder to come express yourself tonight**

written by **The Athenian Print**

*Written by The Athenian Print*



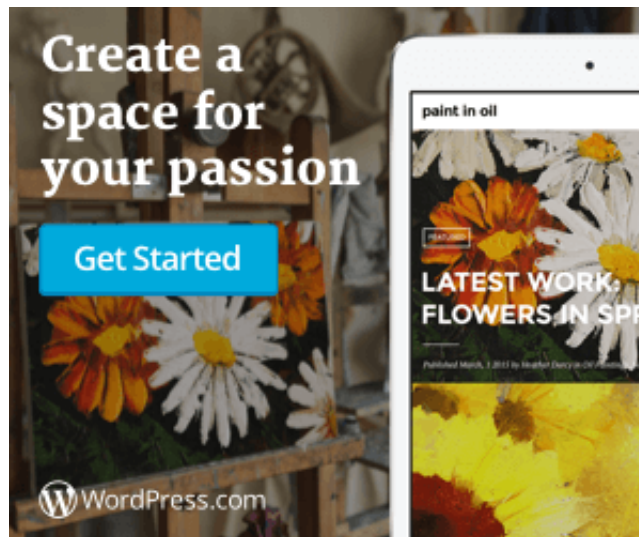
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<https://youtu.be/RRgCQqga8lY>

Did you enjoy [@kimberlyquitzon's](#) Acappella mix? Come check out more people express their thoughts and feel free to share some of yours today, November 11 from 6:00-9:00 pm outside of the Chalon Campus Center,

first floor.

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*Your invitation to Word of Mouth presented by The Athenian Print and Student Affairs*

## NEXT POST

*Kobe's farewell*



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**MSMU**

*Published on November 10, 2015 — [Leave a Comment](#)*

## **Your invitation to Word of Mouth presented by The Athenian Print and Student Affairs**

written by **The Athenian Print**



# The Athenian Print & Student Affairs Presents



• **OPEN MIC NIGHT** •

Wednesday, Nov. 11

6:00 pm - 9:00pm

Candy Bar,  
Coffee,  
& Churros

**Outside of  
Campus Center**

*Written by The Athenian Print*

The Athenian Print and Student Affairs would like to welcome you to our Word of Mouth event this Wednesday, November 11 from 6:30-8:30 pm outside of the Chalon Campus Center, first floor. This is an event where all forms of art may be expressed and shared with others. From songs to dance, and poems, the floor is yours to educate others on what you may be passionate about.

There will be an open mic for all to use, complimentary coffee, churro and candy bar.

Also, this is an outdoor event so please bundle up as we enjoy the beautiful view of Los Angeles.

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## PREVIOUS POST

*Quick, click on one of the videos.*

## NEXT POST

*Reminder to come express yourself tonight*

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**GENTRIFICATION**

*Published on October 30, 2015 — Leave a Comment*

## **Gentrification Impacts Local Businesses**

written by **The Athenian Print**

*Gentrification, The Circle Series*

In most articles pertaining to gentrification, writers seem to state that gentrification is not as bad as others think and that there is no higher rate of lower income families moving out compared to prior years.

Why does gentrification cause so many emotions? One reason may be that long-term residents of these gentrifying cities are being pressured out of their homes, in which they have lived in for generations. Emotions may arise because it is sad having to move out of one's home after having countless memories. Do those doing the gentrifying take feelings into consideration when buying property? It does not seem so, as money may be the only purpose for some.

LA's Grand Central : The Gentrification of the People's Market



<https://youtu.be/uZYRs0hviAI>



Income is mentioned because old businesses are being bought out, and rent isn't as affordable, due to new businesses with primarily wealthier owners at the local Grand Central Market located off Broadway in Downtown. In the short film "LA's Grand Central: The Gentrification of the People's Market" by Dylan Valley, Claudia Armendariz, granddaughter of Serestino Lopez who "came from Mexico" to work in the 70's, is working for the business (Chiles Secos) her grandfather took over. Claudia is "just trying to keep [her grandfather's] legacy alive" as new businesses keep surfacing throughout the market.

In the link, one can check out all the vendors available and notice that there is a trend of businesses being "healthier" for the body, along with classic foods with a twist. As Grand Central Market used to be known for the affordable and home style cooking, now some yelp reviews claim, "the food is really overpriced for the quality and quantity." Cala W. Burbank, CA. Family run business again seems to be moving out for "hip" eateries that tend to a certain audience and imply one must have, or be willing, to spend a ridiculous amount of money for a meal less than expected.

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## WOMEN'S ISSUES

Published on October 30, 2015 — [Leave a Comment](#)

## First Wave Feminism: Fighting For the Right to Vote

written by **The Athenian Print**



*Women's Issues, The Circle Series*

It was not long ago when women gained the right to vote in this country. It took 72 years for the suffragettes to convince congress to grant voting rights to women across the nation. Organizations rallied, protested and stood up for the rights of women in order to give voice to the issues they faced.

The newly released movie *Suffragette* makes this topic relevant and inspires women to stand up to the barriers we face today. *Suffragette* tells the story of the Women's Social and Political Union in the UK led by Emmeline Pankhurst. Their violent tactics led to the brutality of female activists until they finally received the



right to vote with the Representation of the People Act of 1938.

Suffragette Official Trailer #1 (2015) - Carey Mulligan, Meryl Streep Dra... ⌚ ➦



<https://youtu.be/056FI2Pq9RY>

In the U.S. 1848 marks the beginning of the women rights movement with the first gathering held in Seneca Falls, New York. Elizabeth Cady Stanton and Lucretia Mott led 100 people to stand together and say “All men and women are created equal.” Although their stance was addressing many issues, it wasn’t until Stanton and Susan B. Anthony met in 1850 that would change the course of this historical movement.

Stanton and Anthony developed the National Woman Suffrage Association (NWSA) in 1869 and opposed the 15th amendment as it excluded women the right to vote. However, Lucy Stone an antislavery advocate formed the American Women Suffrage Association (AWSA) and according to the History of the House, “rejected the NWSA’s agenda as being racially divisive.”

Despite the indifferences, the two groups found that being divided would stall their progress and in 1890 unified to form the National American Woman Suffragettes Association (NAWSA). This collaborated group attracted more women and focused it’s efforts in gaining the right to vote state by state. Through trial and tribulation, the first state to grant complete voting rights was in 1869 in Wyoming. Slowly after, states like Colorado, Utah, and Idaho jumped on board.

It was from 1910 to 1914 that women began to see a surge in women’s voting rights in more states. The success

was progressing, however, some activists like Alice Paul wanted more action to be made. Her confrontational rallies and marches attracted younger feminists who wanted rights on a federal level.

1917 marked the year of some remarkable improvements in the feminist movement. More states were granting voting rights, and according to the History of the House, “President Wilson urged Congress to pass a voting rights amendment.” Yet, most importantly Jeannette Rankin was elected as the first woman to serve as a member of Congress in the House of Representatives.



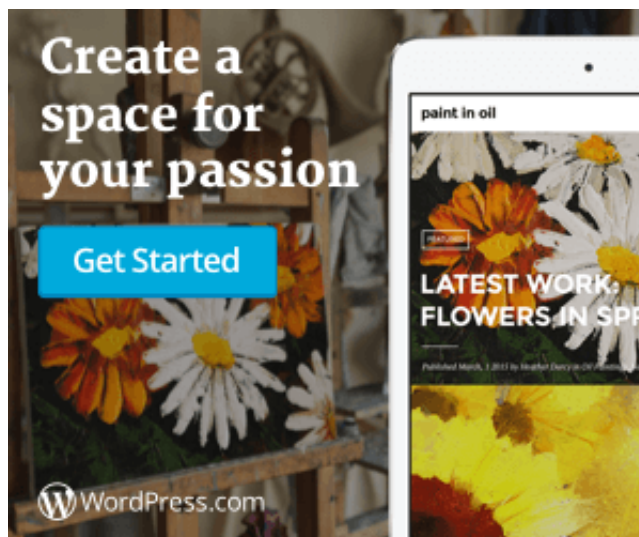
Congress has improved representation and we are seeing a women who may possibly become president in 2016. However, according to Rutgers University “In 2015, 104 women hold seats in the United States Congress, compromising 19.4% of the 535 members.” Therefore, there is still room for diversity in politics.

In the midst of the first world war, women were more involved in the workforce and Congress understood their participation was vital to a safe government. There was much debate and the amendment passed through the House and Senate. Finally, Congress ratified the 19th Amendment on August 26th, 1920 giving full voting rights to women across the nation.

Although we have the right to vote, women still face some of the same challenges as those back in 1848. Natalie Patterson a poet who focuses her work on inspiring women says, “if you work hard, ask for a raise find your

backbone and attach it to your standards, you deserve the money that correlates to how hard you work.” Her words express the barriers women face today with issues involving education, economic opportunities, and political representation which were all addressed in the first gathering at Seneca Falls.

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## PREVIOUS POST

*Foreign doctors' path to re-license in U.S. far fetched?*

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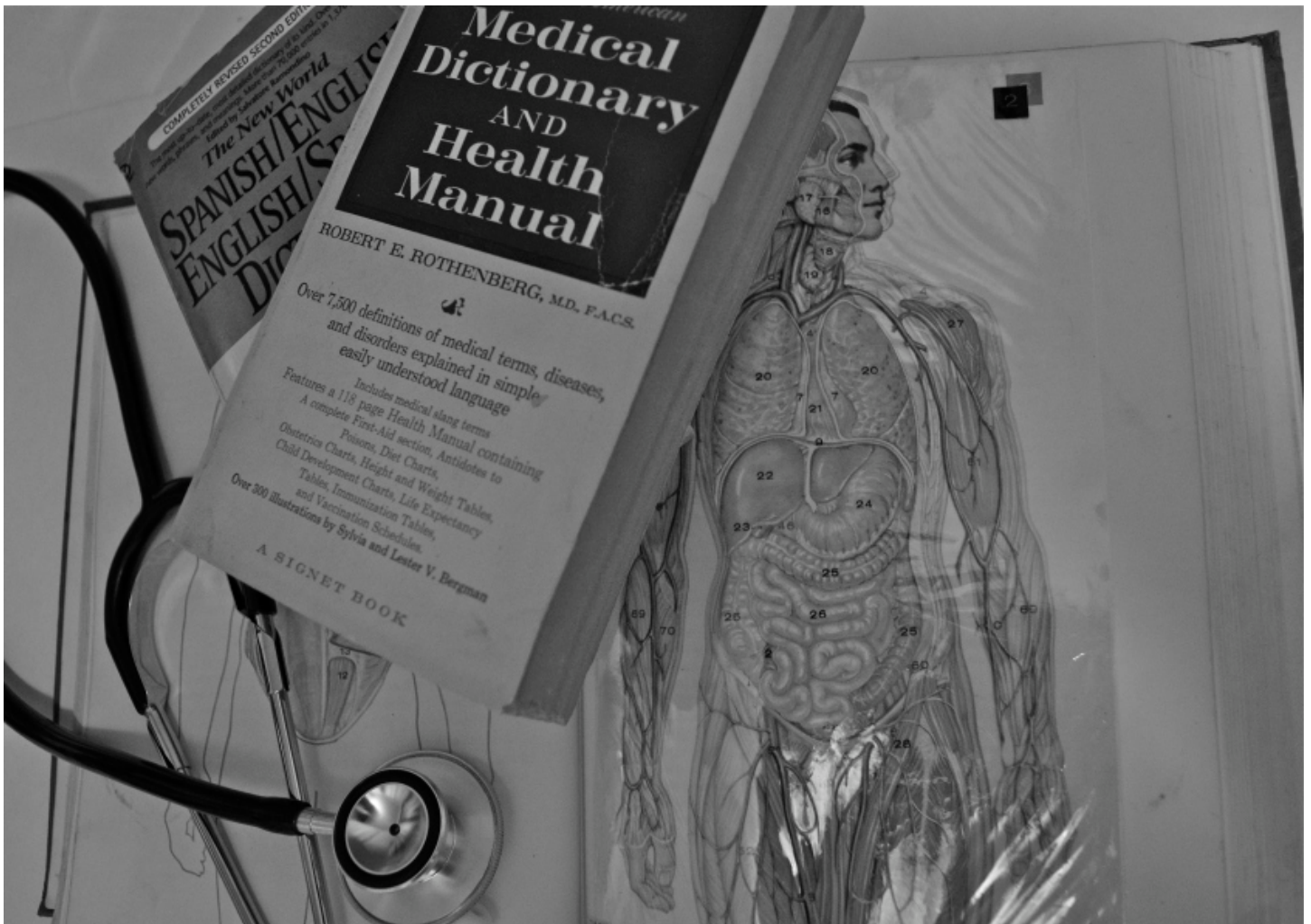
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FOREIGN-TRAINED

Published on October 30, 2015 — [Leave a Comment](#)

## Foreign doctors' path to re-license in U.S. far fetched?

written by The Athenian Print



Within the foreign-trained community, many successful professionals go through the process of re-licensing. Others, for several reasons, do not re-license and often work in blue-collar jobs, or jobs that pay significantly less than they would in their field of study.

What is the process? Why is it a difficult process?

Because the physician path is the most complex, as opposed to that of law or engineering, I will provide a detailed explanation for this intricate procedure. Let's examine the process:

According to an investigative piece covered by the [New York Times](#), American medical groups say the U.S.'s quality standards in the medical field are high and are "unmatched elsewhere in the world." Development experts for this procedure say it is risky to make it an easy procedure because of a "brain drain" that may occur abroad. Merriam-Webster defines a "brain drain" as a situation in which professional people depart from one country, field, or economic sector in search of better pay or living conditions. With that, developers find that many countries will face a shortage of doctors, as they all head to the U.S.

The process begins with a verification process of the person's medical school transcripts and other diplomas. This is tackled by applying to a private, nonprofit organization. Many professionals stumble upon the reality that they must start all over again. Because this is solved at a state level, professionals are required to complete internship programs, apprenticeships, or other practical volunteer experiences. These are often unpaid. After completion of a certain amount of hours, they must get American recommendation letters for future employers and or schools.

In the midst of this, foreign doctors must prove they can fluently speak English. Nonprofit organizations provide aid specifically for foreign professionals who need to learn the language. Fees do apply depending on the level of aid necessary. Learning the language will prepare them for licensing examinations as they are solely offered in English.

Foreign doctors must then pass three dense steps of the United States Medical Licensing Examination. According to their [site](#), step one examines content like: anatomy, behavioral sciences, microbiology, pharmacology, and more. Step two is split into two as it examines clinical knowledge and skills. Lastly, step three is composed of a clinical encounter frame, physician task, and normal conditions and diseases. Each step has an application fee ranging anywhere between \$65 to \$865. Rescheduling fees can go as high as \$552, depending on several factors like which step and date. In addition, other exams may be required based on the state's laws and employer.



Lastly, one of the toughest components to this timely process is residency. Foreign professionals must be permanent residents or obtain a work visa. This process can take up to ten years as it may require the physician to return to their country after their training.

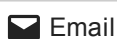
The New York Times article also shares a quote from Alisson Sombredero, an H.I.V. specialist from Colombia, who said, “It took me double the time I thought, since I was still having to work while I was studying to pay for the visa, which was very expensive.”

It is a highly time-consuming and complex concept and process to grasp. Though the path toward becoming a physician is the most challenging, engineers face similar procedures but are less stressed as several credentials are transferable. Every professional has their story and there are several fault lines to consider within each story. We must examine each and help them find an easier path toward re-licensing, toward practicing the career they studied hard for.

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An advertisement for WordPress.com. On the left, a large violin is shown with the text "Create an unforgettable website" and a blue "Get Started" button. The WordPress logo and "WordPress.com" are at the bottom. On the right, a smartphone displays a website titled "VIOLINS" with a close-up of a violin body and the text "WE MAKE MUSIC".

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MSMU

*Published on October 29, 2015 — Leave a Comment*

## Why you should attend an Art of Living meditation

written by **The Athenian Print**



Dr. Daily and Special Guest:  
Sridhar Nomula  
Meditation Workshop

Wednesday: October 28th, 2015 4-5PM Hannon Parlor

Check Out the Website!  
<http://www.artofliving.org/us-en>

**Breathing**  
"Feelings come and go like clouds in a windy sky. Conscious breathing is my anchor."

**Managing Stress**  
"Happiness is a choice. You can choose to be happy. There's going to be stress in life, but it's your choice whether you let it affect you or not."

**Deal w/ One's Mind**  
"Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment."

**Meditation?**  
-to spend time in quiet thought for religious purposes or relaxation  
-to engage in contemplation or reflection

*Written by Sue Turjman, Staff Writer*

On October 28, I attended the Art of Living meditation workshop that Dr. Micah Daily was super ecstatic

about giving. The Art of Living is a non-profit that was established in 1981 by Sri Sri Ravi Shankar, a well-renowned spiritual leader. In my own personal experience, meditation was not something I was particularly good at. I knew that some people swear by it—I mean, for centuries, it has been incorporated in religion for a reason. So I knew it was possible. I just wasn't good at it.

Going into this workshop, I didn't know what to expect. Would we just meditate for the whole hour? Would we just *talk* about meditation? The ad wasn't clear.

Aysha Shaikh and Ashish Panda, who work for Art of Living, lead the workshop. They each found their way to the Art of Living much like I found my way to this workshop—they had no idea what they were getting into, but immediately fell in love with it.

At the beginning of this workshop, Ashish explained that there are two worlds we live in: the physical or outer world, which includes your body and all the people, places, and things we experience; and the inner world, which is our mind and thoughts. He said that we spend so much time trying to exercise our body in the outer world by working out, but we neglect to exercise our inner world. This is known as meditation.

“So, why meditate?” he continued.

“To relieve stress,” one MSMU student replied.

“It's funny that you mention that,” he said. “The most common word known in the world used to be ‘Bible’ a few decades ago. Now the most common word is ‘stress’.”

And it's true. How often do we say we're stressed? I do it all the time. Everyone does. And it doesn't matter the occupation or problem people are dealing with. We are all stressed. And meditation does help.

He also said that we constantly have our minds in the past or in the future. We constantly have negative thoughts and hardly focus on the positive. During meditation, we should push away every negative thought and keep our minds in the present. This helps those who find it difficult to concentrate.

Aysha chimed in and mentioned that she overheard one of the girls mention how she needed a cup of coffee. She said she could teach us a meditation that is equivalent to one cup of coffee. I was skeptical, but believe me, it worked!

*How to Replace a Cup of Coffee with Meditation:*

*To do this meditation, one needs to sit up straight, relaxing the shoulders and neck. Elbows are close (but not touching) the*

*ribs and arms are up. Hands are in a very loose fist. To begin, shoot your arms straight up, hands open, and breath in very forcefully and short. Then, arms go back down to the original position while breathing out, again, in a forceful manner. This is repeated about ten times and then go into a relaxed position with palms on lap, faced up. The mind should be a blank slate during this relaxed position.*

*Repeat three times.*

I felt extremely energized after the first round of this meditation. Already, it started working. It was incredible. I had been up since 4 am and I had energy all throughout the evening! This is why I am promoting this workshop.

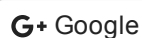
Dr. Daily did mention that this was not the last we would be seeing of Aysha and Ashish. They will be back soon. To find out more, contact Micah Daily, [mdaily@msmu.edu](mailto:mdaily@msmu.edu).

To find out more about Art of Living, visit their [website](#).

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ARTS & ENTERTAINMENT, OPINION

*Published on October 28, 2015 — Comment 1*

## **Nick Jonas concert leaves those who missed it “jealous”**

written by **The Athenian Print**



*Written by Beatriz Garay, Staff Writer*



Any Nick Jonas fan who missed the show definitely has the right to “still get jealous.” Nick Jonas performed various songs from his sold-out show at The Wiltern this past Friday, October 23.

The concert opened up with Bebe Rexha giving an exhilarating show. Although many people are unaware, she has written songs for many artists, including Eminem and Rihanna. Her most recognized collaboration thus far happens to be in David Guetta’s “Hey Mama.” Bebe Rexha is the female who sings the bridge in this catchy single. When her set was over, the crowd could not contain their excitement for the most anticipated performer of the night.

Nick Jonas finally opened up with a very enticing introduction, with flashing lights and loud music beats that syncopated to one’s ecstatic heart beat. He was received interpreting one of his popular singles, “Chains.” Alongside many of the songs from his debut album such as *Teacher* and *Wilderness*, he also covered “Hotline Bling,” “Can’t Feel my Face,” and “California Love.” He even had a “throwback” acoustic session that made everyone go crazy. Jonas made many fans even MORE emotional by singing “Who I Am.” The crowd was singing along, and screaming the lyrics, because that surprise really did its job; it took us by storm.



*Future Now Tour recently announced. Stay tuned for updates.*

And of course, the show had to end with an encore, with his chart-topping single “Jealous.” The crowd was infused with delight and satisfaction, singing along, dancing, and enjoying the last bit of the concert to their fullest potential.

Alyssa Barron, who accompanied me to the concert, can support my claim. She said, “[m]y heart melted when Nick came on stage. Nick put on a spectacular performance. The crowd was really pumped up. I had a wonderful time because I was able to see him perform with my best friend.” If you ever want to experience this same delight and satisfaction, go to the next Nick Jonas show near you. Which reminds me!

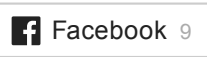
In case you weren’t aware, the *Future Now Tour* was just announced this past weekend. Demi Lovato and Nick Jonas will be going on a North American summer tour together! This

Dynamic Duo is one you will not want to miss.

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**SPORTS**

*Published on October 27, 2015 — [Leave a Comment](#)*

## **NBA Tip-Off has finally arrived**

written by **The Athenian Print**

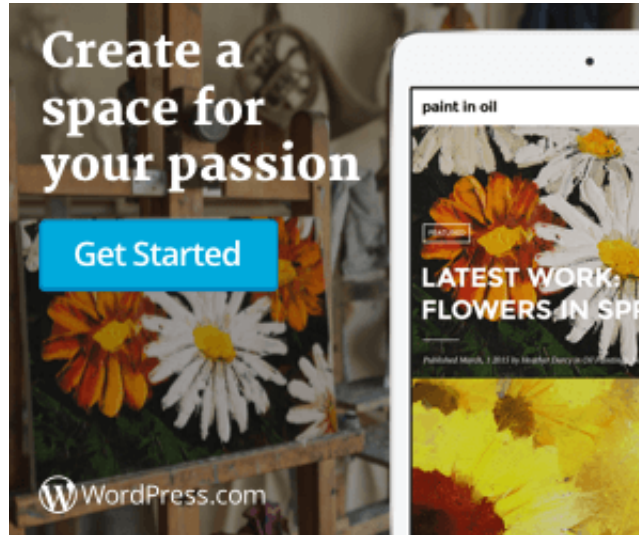
*Written by Liz Charre, Staff Writer*

Guess what, basketball fans? It's that time of season again, the NBA tips off its season tonight starting at 5pm. Teams playing are the runner-up finalists, the Cleveland Cavaliers who will play against the Chicago Bulls, followed by the Detroit Pistons against the Atlanta Hawks, and finally the New Orleans Pelicans against the Golden State Warriors.

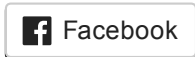
After recruiting new college players, practicing during the offseason, and figuring out game plans, the NBA is officially ready to kick off the season. With only three games occurring today the rest of the teams will be ready tomorrow to start their run for the NBA title. President Barack Obama will be in attendance for the Bulls and Cavaliers game on Tuesday evening in Chicago. As King James and the Cavaliers strive for another run at the finals, they would have to get by Derrick Rose and the Chicago Bulls. The Cavaliers will have the crowd against them, however; it has not stopped them before.

Therefore, as the NBA season starts several questions will spark on which team will win the NBA title. Polls have shown that the Cavaliers will make it back to the finals, however; several are also stating the Warriors as the favorites. Although these teams are predicted, anything can happen this season. Therefore, which team are you rooting for? Will your team make it to the NBA Finals? What are your overall impressions of the NBA tip-offs? Stay tuned for more recent updates on the 2015-2016 NBA season.

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**MSMU**

*Published on October 27, 2015 — [Leave a Comment](#)*

## **25th annual Athenian Day turn-out**

written by **The Athenian Print**



*Written by Liz Charre, Staff Writer*

Creative costumes, breathtaking skits, and supportive cheers surrounded the Mount this past Saturday, October 24 as the 25th annual Athenian Day kicked off. Students, faculty, staff, and alumni came together to play a series of mental and physical games. Promptly at 7:30 am, all fifteen teams checked in to have a healthy

breakfast and prepare for a few hours of fun. Each team walked in with a poster, costumes, and a prepared skit. As the annual Athenian Day games commenced, every team was to present their skit to a panel of judges. Judges scored based on creativity, music, energy, and costume.

“Every skit was so good,” said Savannah Caceres, one of the judges. “Some groups stood out more than others, you can tell they had put in a lot of effort.”

After the skits, it was game on. Groups were divided into three brackets. The first series of games consisted of physical and mental strategy. Games included Truck Push, arm wrestle, and Pool-in-One. Other games were Magic Carpet, Air-Heads, Dodgeball, Hula-Hoop and Marble Relay, World-Wide Web, and much more. All teams worked together in order to play each game.



*Participants enter the fitness center for the start of Athenian Day.*

Lauren Lomeli, a team member of the Sandlot Mag House, stated, “Athenian Day is a great way for people to come together and show how proud Athenians are.

As my second year participating, I have to admit this year was just as great as last year. Everything was well prepared and I would definitely recommend it for those who would want to participate. My favorite game would have to be the Truck Push, however, all games were a lot of fun.”

As the day concluded, the referees, judges, and scorekeepers came together to determine the winners. The Gay Straight Alliance club won the title of Athenian Day, followed by the Isae Barbaes, and RA Squad. Other awards such, as “spirit award,” went to the Isae Barbaes for having best sportsmanship, and positive attitude throughout the entire event. AACW won “best skit” with their own version of Drake’s new hit single Hotline Bling. CNSA were known as the hype masters for consistently cheering, and finally the “unstoppable award” was given to the Alumni Team. Before awards were given, Athenian Day concluded with a dance off. All teams gathered together to show off their best moves.

“The dance off was the best part, I have to say,” said Aleisa Legita one of SGA Winnie-the Pooh’s team members.

Overall, Athenian Day was a success. Not only did everybody have a great time but everyone was brought

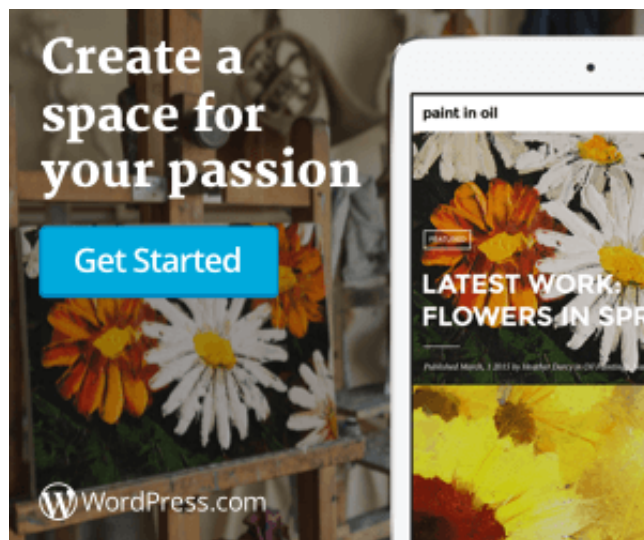




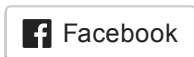
*Students show off their dance moves after the games conclude.*

together as one. The Sports and Wellness department plans to continue keeping this tradition just as long as they continue to have students, staff, and alumni come back to participate.

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*Drudis Art Gallery presents: "No Human is Illegal" exhibit featuring "The History of the Poster"*

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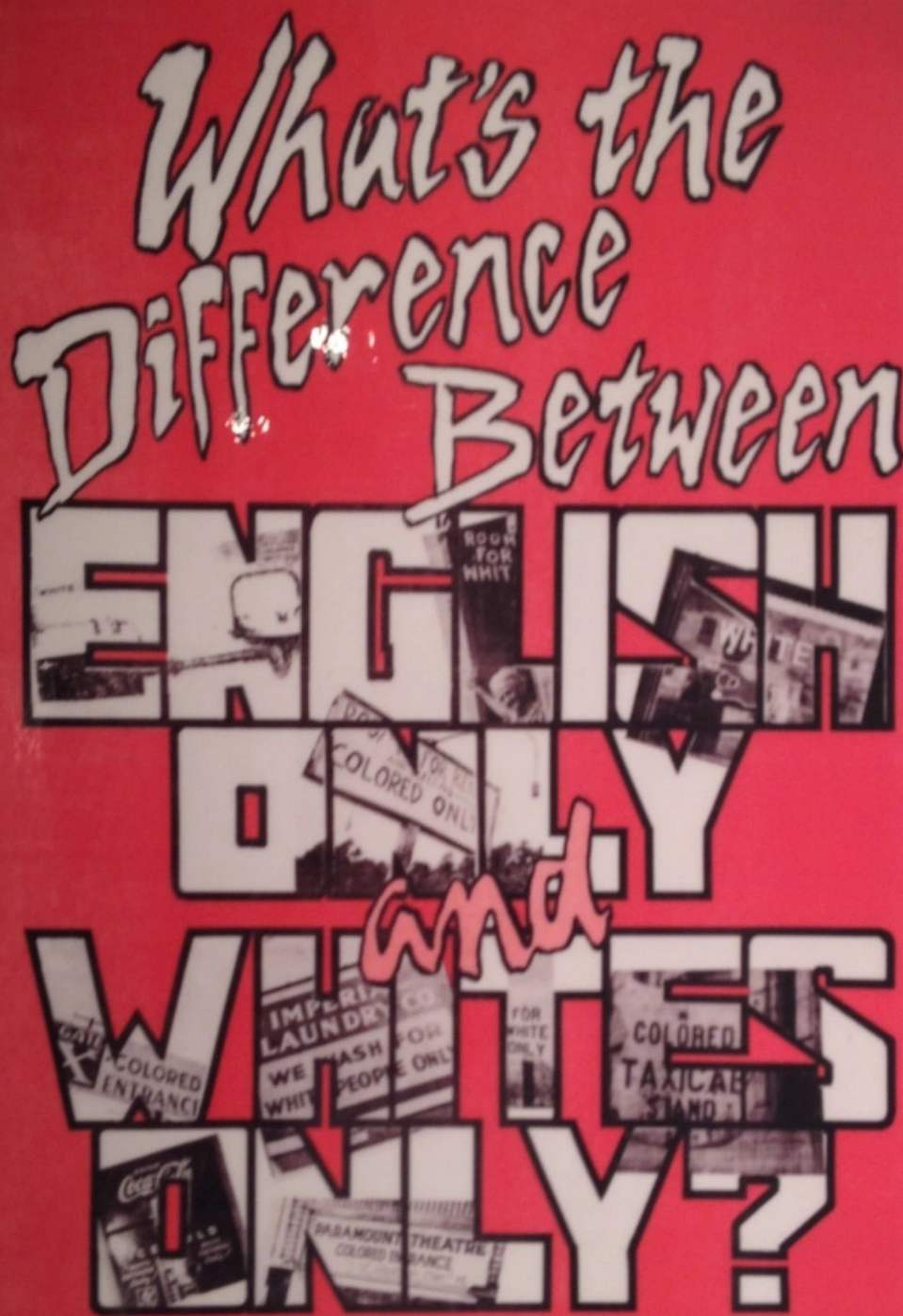
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*Published on October 27, 2015 — [Leave a Comment](#)*

## **Drudis Art Gallery presents: “No Human is Illegal” exhibit featuring “The History of the Poster”**

written by **The Athenian Print**

What's the  
Difference  
Between  
ENGLISH  
ONLY  
and  
WHITES  
ONLY?



25. What's the Difference Between English Only and Whites Only? / ¿Qué Diferencia Hay Entre Solo Ingles y Solo Blancos?  
Artist unknown. Reproduction of Original, Circa 1967, Los Angeles, CA.

Monday, October 26 marked the opening of the exhibit “No Human is Illegal” with guest speaker David Edwards Bryd, on the history of the poster at MSMU’s art gallery.

Guests were welcomed to the opening reception with free cake, coffee, tea, and an evening full of awe moments. Posters of all shapes and sizes filled the white spaces of the gallery. Though many galleries have a particular piece that stands out, this collection grabbed every eye from every corner and angle. The use of bright colors, bold letter forms, and striking photographs, packaged an everlasting message: “No human being is illegal.”



*Students analyze the “What’s the difference between English only and White’s only” poster.*

Among the many posters displayed, several guests photographed one that said, “What’s the difference between English only and White’s only?” Another popularly photographed stated, “Undocumented, unafraid, and unapologetic,” with a woman of color in cap and gown underneath the phrase.

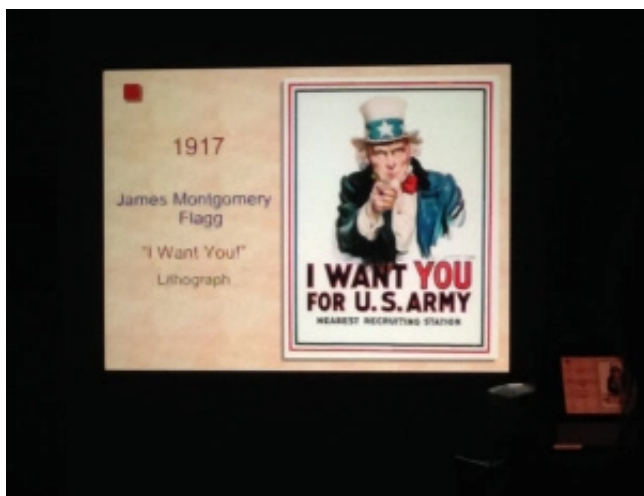
Student Jessica Lopez shared her thoughts on the exhibit. She said, “it showed the ‘Dolor, valor, y sufrimiento’ that my own parents have undergone. It reminded me that I am the product of a sacrifice.”

After some exploration, guests were brought to a seating area where speaker David Bryd began his presentation titled, *Bombast and Ballyhoo The Power of the Poster*. Works like “The Great Waves of Kanagawa” to the ubiquitous “Uncle Sam: I

Want You” were examined. He stated that there is great power in, “the marriage of text and image.” For centuries, the poster continues to be a form of communication that can deliberately send a message as bold as, “No Human Being is Illegal.”

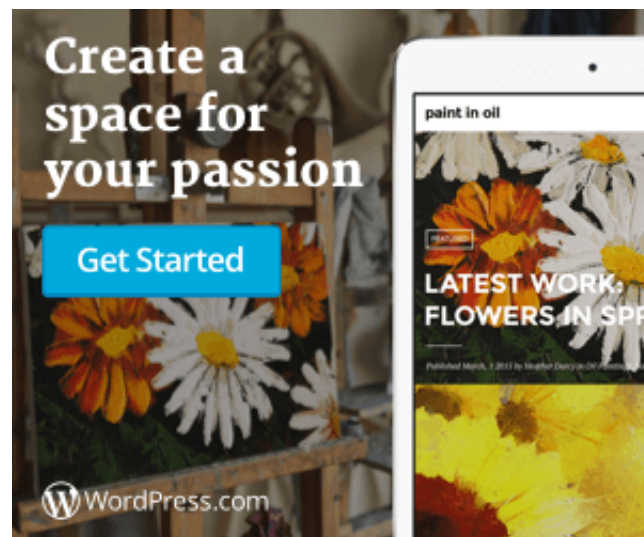
Though Bryd’s presentation is no longer available on campus, you can still check out the “No Human Being is Illegal: Posters on the myths and realities of the immigrant experience” exhibit in Drudis Art Gallery. It will remain open until November 21. Hours are Monday-Thursday and Saturdays from 12-5pm.



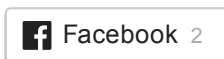


David Bryd sharing the famous "I Want You" poster.

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**TAGGED WITH:** art, Drudis Art Gallery, immigration, No Human is Illegal, Poster, rights, social justice

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**LOCAL, NEWS**

*Published on October 24, 2015 — Leave a Comment*

## **Want to help make Los Angeles the “best place to connect”?**

written by **The Athenian Print**

*Written by Jessica Flores, Treasurer*



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The Los Angeles Promise Zone Initiative is a project created and led by Mayor Eric Garcetti’s Office to provide youth with summer jobs as Young Ethnographers. It is an eight-week program that will allow the youth to “engage their neighbors in an assessment of quality of life, to guide decision-making within local government



and measure how the Promise Zone is improving lives,” according to their proposal.

“Empowering youth to help learn about and identify their community’s needs is essential to cultivating Central LA’s next generation of leaders, advocates, and neighborhood champions,” said Louie Leiva, community planner for L.A. Promise Zone Initiative, via email.

To vote for this proposal, vote [here](#).

To contact Louie Leiva, you can email him at [louie.leiva@lacity.org](mailto:louie.leiva@lacity.org)

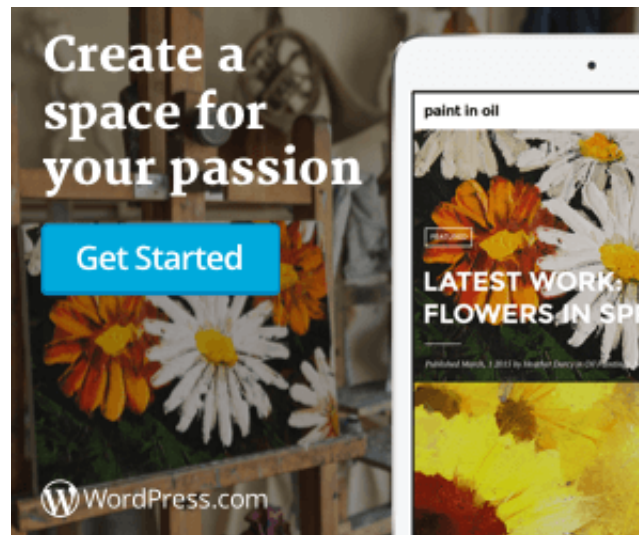
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GENTRIFICATION

Published on October 23, 2015 — [Leave a Comment](#)

## Gentrification: Where does gang injunction fall?

written by **The Athenian Print**

*Gentrification, The Circle*

Echo Park's gang injunction was filed in June 2013, and has been in effect since. In a video by [YouthCineMedia](#), Mike Contreras, gang injunction defendant, along with his wife Veronica Contreras, speak about the gang injunction in Echo Park.



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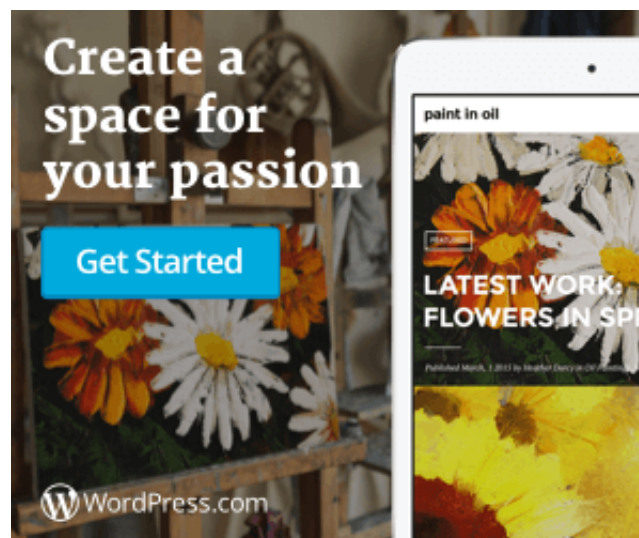
Throughout the video, Mike and wife Veronica visit several members of the community to get their thoughts on the injunction and experiences with the police. The Arellano family, consisting of five members, shared their story of how the father, Gabriel Arellano, is currently in jail for a crime he did not commit. Due to Mr. Arellano's history with the police, the son, Peter has also had multiple encounters with law enforcement. Peter said that the cops called him a "little gangster" and proceeded to call his dad a "gangster" as well. Wife and mother to the three children, Irene, states that she and husband Gabriel have worked hard in instilling a positive mindset in their children to "be a better person" and "have a better life" than they did.

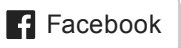
At the time of the injunction, the crime rate in Echo Park was at its lowest since the 1950's. That being said, some opinions may vary between gang members being forced out, or Latinos as a whole being pressured to leave. The emotions and opinions of residents matter because they know what is going on throughout the neighborhood and are directly affected by major decisions regarding their area.

As the prices continue to rise, Mike Contreras also verbalizes, "you have to have money to live in this neighborhood now...they're pushing out the Latino families." This seems to be a primary concern for Hispanic residents.

Just a few years ago, Echo Park was known to be a popular spot to live because of affordable rent, but with continuous increases, only wealthier people can afford the area. According to [Zillow](#), a home values website, "Echo Park home values have gone up 7.2% over the past year," and is predicted to rise, "2.6% within the next year." For those who cannot afford the rising prices, where will they relocate to?

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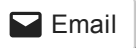


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OCTOBER 2015

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**SPORTS**

*Published on September 30, 2015 — [Leave a Comment](#)*

## **Boys in blue celebrate big title**

written by **The Athenian Print**

*Written by Cindy Carrillo, President and Liz Charre, Staff Writer*

During Tuesday night's game against the San Francisco Giants at the AT&T Park, the Los Angeles Dodgers went on to defeat their rivals with an 8-0 final score. As the Dodgers are now the NL West Division Champions, their vision in the postseason is taking the overall championship title.

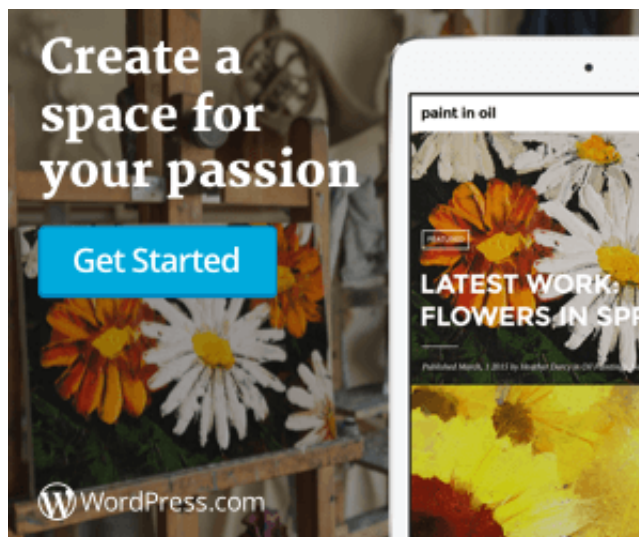
The Giants, however, had a tough task out in front of them facing the reigning NL MVP and Cy Young Award Winner, Clayton Kershaw. Dominating the entire game, Kershaw struck out 13 Giants and only allowed one hit in a solid nine innings. This sparked his fourteenth shutout of his career, five of them came when facing the Giants. The Dodgers are heading into their third straight postseason appearance and their third division win in a row, something the franchise has never done. Dodger fans filled the bay area seats and cheered for their favorite players who will appear in October.

Now as the Dodgers are into the postseason they will have a tough match ahead of them. They will face the New York Mets, who are making their first postseason appearance in nine years. As the Mets continue their miraculous season, the Dodgers will have their work cut out for them. During the regular season, the Dodgers trail the Mets series 4-3 however, the postseason will be something completely different and will keep fans at the edge of their seats.

As of now the LA team will enjoy the end of the regular season and will start preparing for what the postseason has in store for them. The Dodger's [homepage](#), [Twitter](#), and [Instagram](#) all went to posting pictures and videos of their celebration. For fans who were unable to attend the game, their support was shown and seen all

throughout social media. Floating throughout these past few days was #Onewin since one win was all the Dodgers needed to secure their position for the playoffs. The new hashtag of the month is #LALovesOctober. Stay tuned for more details regarding the boys in blue and remember, the postseason begins October 6.

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## PREVIOUS POST

*A splash of hope and color back to MacArthur Park*

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*Nationals close out season with a No-Hitter*



**LOCAL**

*Published on September 30, 2015 — [Leave a Comment](#)*

## A splash of hope and color back to MacArthur Park

written by **The Athenian Print**

*Written by Tamara Murga, Editor-in-Chief*



*Visit [#spheresatmacarthurpark](#) before it's too late.*

The historical MacArthur Park in Los Angeles has experienced a colorful revitalization through the power of community and hope. Known for its high rate of illegal activities, the park has grown lonelier over the years, but with a splash of color by Portraits of Hope the community has helped invite positive vibes back to the public area.

According to the Portraits of Hope website, “[m]ore than 10,000 children and adults throughout Los Angeles,” participated in this transformation. Most

of the spheres that cover the lake were painted by children from several schools and hospitals. Many community groups, foundations, and businesses, including: the Offices of Mayor Garcetti, Los Angeles Department of Recreation and Parks, Home Depot, Niagara Cares, Plaza El Segundo, and more, helped integrate the projects vision of uniting public art, community engagement, creative therapy, and civic education.

Each sphere has a story behind it, a purpose of color choice, and a passion that speaks for itself. Many children in several hospitals around Los Angeles were visited by the giant spheres, paint, and brushes. Whether on a wheelchair, therapy room, or in bed-rest, they had the opportunity to express their creativity and splash their colors onto the community of Los Angeles. If you search several hashtags like [#spheresatmacarthurpark](#),



Portraits of Hope spheres make their way to hospitals. Children all over LA get their paint on.

for thousands more to enjoy. The colorful spheres will continue to call the lake home up until the “CicLAvia-Heart of LA” happening on Sunday, October 18.

For more information on past and upcoming projects and to learn more about them, visit the [Portraits of Hope](#) site. You can also find them on [Instagram](#) and [Facebook](#).

Share your comments or pictures with us below and on our [Instagram](#) site.

#portraitsofhope, #iloveLA, and #macarthurpark, you will find inimitable stories and photographs shared by Angelenos. Not only on social medias, neighbors, and local businesses can testify how this exhibit accomplished the shared vision of a community by bringing hope back home.

Still interested in visiting? With the help of the LA Cultural Affairs Department, the spheres will continue to float around. Though September marked their end at the lake and their beginning as facility beautifications, an extension was provided

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**SPORTS**

*Published on September 25, 2015 — [Leave a Comment](#)*

## **Scratch that, Magic number three is more like it**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

The magic number ten is now at an unbelievable magic number three. As the Dodgers continue their miraculous run toward another postseason, the odds are getting closer and closer. After beating the Diamondbacks these last two games, the fans can smell the glory. However, the Dodgers would have to celebrate on the road when they play against the Colorado Rockies this weekend and go on to play the Giants on Monday. With only three games to secure a spot on the postseason, the Dodgers will most likely succeed it on the road.

Will they make the postseason this weekend? Would they wait until they play against their rivals, the San Francisco Giants? There have been three teams that have clinched a spot in the postseason: The St. Louis Cardinals, Pittsburgh Pirates, and the Kansas City Royals. As the Dodgers inch closer and closer, the question is, whom will they face? With several spots still left in the postseason, the odds may very well be with the Dodgers. Stay tuned during the month of October. Postseason officially starts October 6. Therefore, for all you Dodger or baseball fans, this October will keep you at the edge of your seats.

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**ARTS & ENTERTAINMENT, REVIEWS**

*Published on September 25, 2015 — [Leave a Comment](#)*

## **The 411 on the Honeymoon Tour**

written by **The Athenian Print**

*Written by Beatriz Garay, Staff Writer*

The second leg of Ariana Grande's *Honeymoon Tour* finally came down to Los Angeles on Friday, September 11. Along with the addition of new tour dates, she added a special guest, known for his success in Bachata music, Prince Royce.

The concert opened up with Prince Royce's debut of his English songs at the Staples. Although he sang some of his English hits such as, "Stuck On A Feeling" ft. Sn

oop Dogg and "Back It Up" ft. Pitbull and JLo, he did not forget about his Latin fans. He kept his original bachata music on his setlist by including the classic "Darte Un Beso" and his bilingual version of "Stand By Me."

Ariana always opens up with a *bang!* Thus, she opened her concert with the hit single, "Bang Bang" (pun intended.) The "bang" did not end there. When she sang "Best Mistake," the stage's main screen parted and we received her singing on a cloud. Literally, on a cloud. She also played with her vocals on an amplified glove that would record her voice and make it range drastically and repeatedly. When her set came to an end, "Break Free" and "Problem" were accompanied by firework sparks and confetti.



*Prince Royce performing his fans favorite in dual languages.*



*Upcoming show on September 26 in Brooklyn, NY.*

Throughout the concert, she interacted with fans and ensured they had the best experience at the show, ultimately making it more intimate. It all came down to the moment she opened up her heart to the audience when she shared an audio clip of an inspirational quote her grandfather shared with her a few weeks before he passed away.

As a huge fan of both artists, I honestly think it was an incredible concert. I had the luxury of experiencing two of my favorite artists for the price of one. Even if you don't consider yourself a fan or have not heard their music, their amazing vocal capabilities will leave you speechless. If you ever get the chance to see either artist live, take the opportunity.

To find out more about upcoming shows for Ariana Grande's tour check out her [site](#) for details.

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**LOCAL, OPINION**

*Published on September 24, 2015 — [Leave a Comment](#)*

## **Culture in between Koreatown and MacArthur Park**

written by **The Athenian Print**

*Written by Jessica Flores, Treasurer*

Last Sunday I woke up to my mom telling me to wake up and get dressed so that we could buy *yuca frita* and *chicharrónes* (fried cassava and pork belly). A classic Salvadoran meal.

I didn't think much of where we'd buy this meal but once we got there, I quickly felt the Salvadoran culture well and alive in Los Angeles. We went to, as I like to call it, the Salvadoran version of your regular Angelenos farmer's market. It was located on James M. Wood Blvd and Vermont Avenue; in between Koreatown and MacArthur Park area.

Many women, along with their mighty helpers, had their cooking station set up down James M. Wood Blvd. We began our *yuca frita* and *chicharrónes* hunt at the entrance near Vermont Avenue.



*Women wake early to begin their sale of traditional Salvadoran dishes, a cultural tradition in Los Angeles.*

The first lady on my right was selling fresh orange juice that she squeezed on her juicer. A crowd of people lined up for their share of orange juice to complement the high 80-degree weather. This beverage was the only thing that was not Salvadoran, clearly.





"He grinned and lifted his hand to show off the bracelets..."

As I kept walking, I saw a young boy, about six years old, sitting on a cooler near his mother's station. He was holding a Tupperware full of colorful bracelets that he was selling. When I asked his mother for permission to take a photo for reporting purposes, she said, "Yes go ahead. Maybe you will make him famous." He grinned and lifted his hand to show off the bracelets as I took the picture.

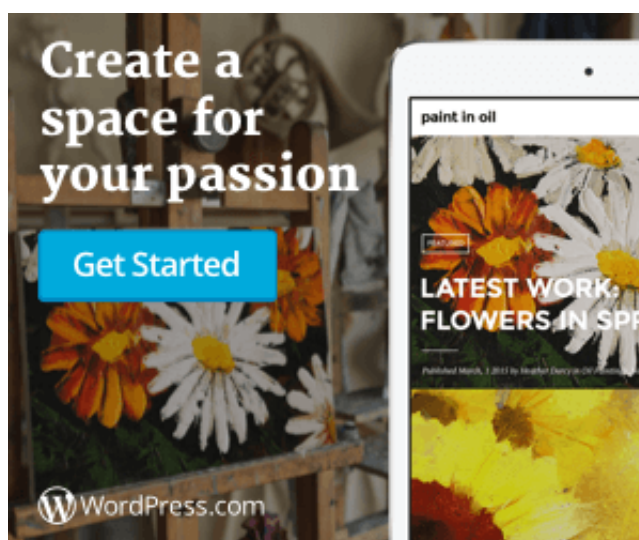
My mother, aunt, and I walked through the gathering of people, the aroma of pupusas and the loud, "*Compré sus pupusas aquí!*" until we reached the best *yuca frita* and *chicharrónes* on the block.

Before reaching the queen of *yuca frita* and *chicharrónes*, an elderly woman selling Salvadoran quesadilla bread caught my eye. She looked about 80+ years old, but that didn't stop her from publicizing what she was selling. She did not have a big station like the other women, but her business was still booming from her laundry cart.

Across the street, there was a bright blue and white booth selling traditional Salvadoran clothing, soccer balls and jerseys, hats and beanies.

What was perhaps a minute walk away from my *yuca frita* and *chicharrónes* savoring, it became a path of inspiration and gratitude. Witnessing the diligence and humility on James M. Wood made me realize how proud I am to consider myself a Salvadoran-American.

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**TAGGED WITH:** chicharrones, Culture, gratitude, Inspiration, Los Angeles, Salvadoran, yuca

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[MSMU's soccer team ready to kick off the season](#)

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## SEPTEMBER 2015

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**MSMU, SPORTS**

*Published on September 23, 2015 — [Leave a Comment](#)*

## **MSMU's soccer team ready to kick off the season**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

With a rapidly moving fall semester, the MSMU soccer team has its first match of the season on October third. The team had their first successful set of tryouts on September third. Twelve returning players encouraged those who came for the first time to strive hard to fill all 22 spots. After some weeks of hard work and dedication, the MSMU soccer team aims to make history once again. For those unaware, MSMU's soccer team made history last year by introducing the first ever soccer team at the institution.

After several tough games with UCLA, San Jose State, UCI, and Claremont, the girls are trying to tackle down a win for the Mount. "With hard work and dedication we hope to manage it this year," says Rebecca Hernandez '17.

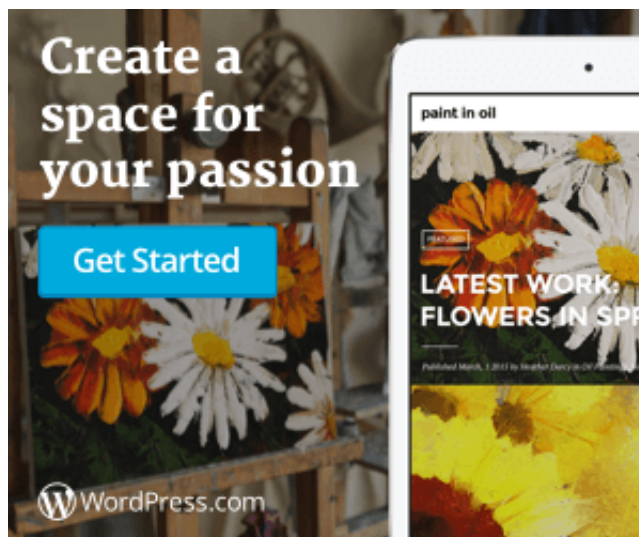


*Last year's soccer team huddling up during practice. Stay tuned for this year's newest faces.*

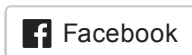
The girls have worked extremely hard these past couple of weeks in order to prepare for October's matchups. Their first task: defeat the University of San Diego. As they prepare to travel, the team has a few ideas on how to prepare for the game. Staying hydrated, eating healthy snacks, and listening to music will prepare these young ladies to make history once again. Each and every player is showing their commitment out on the field in order to bring home another piece of history thus far. Now the toughest task is out in front of them. Will MSMU's soccer team make history once again?

How long until their first win? With only a couple weeks of practices left, are these young ladies mentally prepared for the tasks that are to come? Stay tuned for the most recent update on how our soccer team matches up against USD.

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*Why I will be returning to next years Women's Leadership Conference*

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*Culture in between Koreatown and MacArthur Park*

## MSMU, REVIEWS

Published on September 21, 2015 — [Leave a Comment](#)

## Why I will be returning to next years Women's Leadership Conference

written by **The Athenian Print**

*Written by Carla Canas, Staff Writer*

Attending the 2015 Women's Leadership Conference was an incredibly empowering event. I will definitely attend again next year. Growing up with a single mother and witnessing every single struggle she had to overcome was something that made me appreciate all of her hard work not only as a mother but as a working parent. This conference made me realize how strong of a woman my mother is and how she, herself, is a leader in society.

All of the female speakers had a little something to contribute to every attending guest. Hearing the presentation from Linda Davis Taylor, *Personal Finance 101: Prepare To Be The CEO In Your Own Life* reminded me of the financial struggles my mother and I had to go through. Taylor mentioned that "[f]inancial worries are the biggest reason women stay up at night." This phrase brought me back to the nights the clock marked past 12 a.m. I would wake up to my mother's sighs and complaints about unpaid bills, how the rent was due next week, and how she couldn't afford things.



Lateefah Simon shares why, "Our Time is Now. Leadership is Not an Option, It's a Mandate."

Of all the inspiring speakers that were at the conference, one, in particular, inspired me the most, Lateefah Simon. With such a great message, I am almost sure every other person who attended could agree with me. Simon shared how she went from living in the projects as a teen mom to becoming a nationally recognized civil rights leader and even appearing on Oprah Winfrey's *O Magazine's*, "Power List." I had the chance to personally meet Lateefah and thank her for her presentation. We conversed about my college experience as a freshman student and she offered helpful advice.

Attending this conference made me realize exactly why I decided to come to Mount Saint Mary's. I knew that as a women's institution, it had something special. I now know I can learn how to become a stronger leader within the next four years. As Lateefah Simon stated, "Your self-determination and your fierceness, these things will keep you alive when all else fails."

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**MSMU***Published on September 21, 2015 — [Leave a Comment](#)*

## **MSMU presents: The 2015 Women's Leadership Conference**

written by **The Athenian Print**

*Written by Kimberly Quitzon, Vice President*

Mount Saint Mary's University celebrated 40 years of leadership this Saturday at the 2015 Women's Leadership Conference. Students, teachers, and women of multiple areas of study attended a variety of workshops and presentations offered for the occasion. The event featured speakers of different fields sharing their stories and advice on how to be a leader and work in industries that are typically male-dominated.

The opening session was the perfect kick-start to the inspirational day. Rosalyn Alma Kempf, Director of Women's Leadership, opened with an anniversary announcement of Mount Saint Mary's University's 40th year of leadership.

President Ann McElaney-Johnson followed with an opening remark stating, "...we know we are preparing a generation of visionary leaders." In the midsts of such preparations, she added that the school will be developing a Center of Advancement of Women.

Opening guest speaker Lateefah Simon, Program Director of the Rosenberg Foundation, touched the hearts of those who listened.



*"...we know we are preparing a generation of visionary leaders."- President Ann McElaney-Johnson*

Her story left many feeling strong, letting the crowd know that self-determination and fierceness are the key components to being a strong successful leader. Simon started her life in the projects, pregnant, with no father to help raise her child. She then gained the opportunity to work for the Street Survival project and helped women who were young, pregnant and in jail see hope in their future. From then on nothing hindered her and she insisted the same for the women in the audience. There is always room for more women empowerment and Simon advised that “you have no choice, it’s on you, your time is now.”

After Simon’s encouraging moment, a panel of alumni shared the benefits of being a leader at the university. Leadership Lessons Learned at the Mount featured Sue French ’79, Brittney Plascencia ’12, Margarita Rivas ’03, and Avygail Sanchez ’01. French, a Women’s Leadership program pioneer, said a leader must find balance by remembering to, “...have fun, but also replenish the spiritual side.”

All of the women gave excellent advice and shared challenges they faced in their field. Avygail Sanchez mentioned that as the only woman of color at her work, she overcame the differences because she “...didn’t enter with the mindset as a minority.”

We all stress over credit cards, student loans, and unintentional emotional spending. However, Taylor had helpful advice on how to take charge of your money and prepare for the future. From the *Personal Finance 101: Prepare to be the CEO in Your Own Life*, Linda Davis Taylor took the stage next. It is all about knowing “what you own, what you earn, and what you spend,” according to her. She taught about stocks, bank accounts, and statistics that will inspire students to “let your money work for you.” A key factor many remembered: invest in your future, despite your young age.



“we are the makers of our own identity,”- Nichol T. Whiteman

Dodger blue hats lined the stage soon after Nichol T. Whiteman, Executive Director of the Los Angeles Dodgers Foundation, explained that “[w]e are the makers of our own identity.” Although there is a plan you have mapped out in your head, Whiteman expresses how life can take you to places you never even imagined. She stressed that all students have an “innate ability to be confident and committed and the courage to do anything they want to do.”

Similar to Whiteman, Marcie Edwards, General Manager of the Los Angeles Department of Water and Power



Marcie Edwards on breaking glass ceilings.

broke through many glass ceilings to get where she is today. As a teenager, she learned the ropes of her industry in order to work her way to the top in a male-dominated field. However, it was not without failure that Edwards found her way as a manager. “You need to learn how to fail, learn how to fail gloriously,” she said.

Overall, the conference proved to be a rewarding event for those who listened and participated. Through the power of personal storytelling by successful women leaders, many took away that

confidence and humbleness do open doors to endless possibilities.

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**SPORTS**

*Published on September 17, 2015 — [Leave a Comment](#)*

## **Magic number ten**

written by **The Athenian Print**

*Written by Liz Charre, Staff Writer*

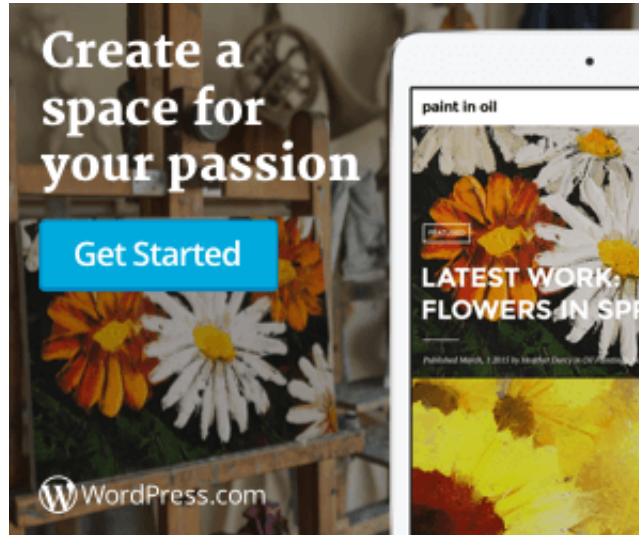
Ten games. That is all the Los Angeles Dodgers need in order to make another postseason run. As the season starts to close out, the Dodgers are pretty much set in on the drivers seat. They are in first place in the NL West, they are 23 games over .500 and need only ten games to seal the deal in the fight for October. If and when the Dodgers succeed for the postseason run, then it would be their third year in a row striving to win the World Series.

Many Dodger fans await to see if the World Series trophy returns to LA. The white and blue angels have had the longest World Series drought, however. The last time the Dodgers won the World Series was in 1988. With 27 years since, LA fans are starting to wonder if this season will end the horrific drought of winning the title.

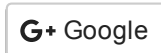
Although the Dodgers have been very successful throughout the season, it does not pertain to them regarding the postseason. Throughout the postseason, they have not done well. Their starting rotation has lacked, allowing more runs than in the regular season. Batting average has not performed well especially in key situations, and defense has produced more errors throughout the postseason than in a single month during regular season. As many Dodger fans have witnessed, the Dodger organization has not done well in pressured situations especially the postseason.

That being said, as the magic number is ten how would the Dodgers be able to respond this year in the postseason? Will they choke once again? Would they actually make it all the way to the World Series games? Or will Dodger fans continue to dream of a World Series title? Tune in during the month of October and see what occurs throughout the postseason.

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*Life Hacks: Surviving your first New York Trip*

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*MSMU presents: The 2015 Women's Leadership Conference*

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**OPINION, REVIEWS**

*Published on September 17, 2015 — Comments 4*

## **Life Hacks: Surviving your first New York Trip**

written by **The Athenian Print**

*Written by Kimberly Quitzon, Vice President*

When you fly over to New York City for the first time, it's hard to make out what anything is. But taking in the view of the large city (which I always thought consisted of Manhattan, only) was something I never thought I would experience. Although it was my first time visiting the Big Apple, I did a lot of research to ensure I would not be eaten alive. I searched through maps, pictures, blogs, and info graphs, but nothing compared to being in the middle of the city and looking straight up at the tall buildings. I was terrified. Lucky for you, I have created an easy outline of what you must do to survive your first visit to New York.



*"New York has something for everyone."*

Booking your flight is going to be a journey in and of itself, finding an airline that suits your needs and budget might be a challenge. I booked with JetBlue who has a surprising amount of legroom along with a TV to watch throughout your five-hour flight. Before you board, don't forget to bring a pillow and a blanket. After you go through TSA you can buy snacks and bring them on the plane so you don't go hungry and settle for a sandwich in the air.

Unless you have family out in New York, the easiest way to find a hotel is to make sure you are in



Midtown. This way you will be within a reasonable distance from all the fun attractions you want to see. I stayed at the Holiday Inn on West 57th street and was only a few blocks from Central Park and Time Square.

If you land in JFK, it will be about a 45-minute ride to Manhattan. Try to brace yourself for the ride since the cabs out there are only worried about reaching their final destination. Stepping out of the cab and taking in how large the city actually is may be intimidating, but I assure you the locals have tricks up their sleeves on how to get around.

The first thing you want to do is download a subway app. Two apps I found helpful were “New York Subway MTA” and “Transit Tracker.” These will be your life savers, but make sure you become accustomed to your sense of direction and know which way is North and South.

After you have settled in and have a sense of how to get around, there are some landmark places you must see while you are there. The Statue of Liberty, The Rockefeller, The Empire State Building, Central Park, Time Square, Grand Central Station, Ground Zero, Wall Street, and the Brooklyn Bridge are only a few must see places in Manhattan.



*Kimberly's view while taking a daring photo during a helicopter ride.*



*Day view of the famous Brooklyn Bridge connecting Manhattan and Brooklyn since 1883.*

An easy way to gain access to these places is purchasing The New York Pass, which lets you into all the museums and attractions you can think of. If you want the full tourist experience, the double-decker buses are a good addition to your trip as you can hop on and off of them throughout the city.

Although these places are all located in Manhattan, you are going to want to take time to visit some other boroughs (Brooklyn in particular.) Here you'll find the best pizza and the most of the “hipster” scene. You can take a subway across the water by Brooklyn Bridge Park and catch the most beautiful

view of the Manhattan skyline.

New York has something for everyone. So, remember to customize your trip to suit what you want to do. If you want to take killer pictures, try a helicopter or boat tour. If you want to eat amazing food, try the many cuisines offered by the food-on-foot tour. If your focus is on learning the history of New York, you can visit Ellis Island as well as the hundreds of museums that reveal how our country became so diverse.

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**imvoyager**

September 17, 2015

Nice 😊

Pls check out our blog – <https://imvoyager.wordpress.com/>

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**K. T.**

September 17, 2015

I'll be referring to this post when I plan a trip to New York! 😊

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**theathenianprint**

September 18, 2015

Awesome! Hope it was helpful in every way. Safe travels (:

★ Liked by [1 person](#)

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**Moritz**

September 18, 2015

New York is a very special city. For “starters” there are cities I’d recommend more than NY, but nevertheless Big Apple has incredible much offer. I’ve been there twice and I can still think of hundred more things to do!

★ Liked by [1 person](#)

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